



Meeting Minutes

Changing Communities, Transforming Lives

Call to order

The Metro-East Recovery Council monthly meeting was held at **104 United Drive, Collinsville, IL 62234** on **July 11th, 2019** from 9:00 am to 10:30 am.

1. **Introductions, Announcements** – Introductions.

- a. Centerstone: Spotlight Series “Managing Your Self-Care” Tuesday, July 30th 5p-7p.
Centerstone Room 200H (2615 Edwards St., Alton, IL)
- b. Manifested Mercy: 24 Hour Board Gaming Marathon. 7p August 23 to 7p August 24th.
Contact Manifested Mercy for more details. (jpkclk9@gmail.com)
- c. Mark Sanders presenting on Intergeneration Patterns of Addictions. August 16th 9a-12p at
Anderson Hospital
- d. SWIC has many vocational education opportunities. Contact Aysha Flowers for more
details. (aysha.flowers@swic.edu)
- e. Jen Nagel has started a SMART Recovery Meeting at Riverbend Family Ministries on
Tuesdays from 7p-8p.
- f. NAMI has many volunteer opportunities for helping in Mental Health. Contact
info@namiswi.org for more details.

2. **MOUs/Needs Assessments** – Chairperson asked any present Council Members to turn in any signed MOUs or completed Community Needs Assessment.

3. **Advancing in St. Clair County and Starting an RCO in St. Clair County** – Goal: to increase exposure in St. Clair County. Please reach out to people to invite them to our next meeting. We are beginning a strategic St. Clair County outreach plan.

4. **Amare's Rockin' for Recovery** – September 7th at St. Louis Regional Airport in Bethalto. Please spread the word to vendors and volunteers!
5. **Collegiate Recovery Advisory Board Formation/Update**– When to meet? Where to start?
Student-led works better. SIUE has an AA meeting Mondays at noon. Goal: to help start up CRAB then hand off to students/schools.
6. **Employment Advisory Board** – We haven't heard back from Connections to Success. Sara contacted Land of Lincoln. Training: WEA has funds for people to go back to school in programs that lead directly to a career. Contact Rebecca Marshall for more details (remarshall@co.madison.il.us). The Important Documents checklist will be sent out. Contact Aysha Flowers (aysha.flowers@swic.edu) and Val Harris (vharris@lc.edu) for education program opportunities. Beginning to look into small business that will hire people for the purpose of building a resume.
7. **Madison County Informed Episode 2 Premier**–
<https://www.facebook.com/watch/?v=1130217517168196>
8. **Recovery Community Organizations Presentation** – Be thinking of people to start an RCO in St. Clair County. Madison County's RCO is Amare.

Motion – Next MERC meeting: August 8th, 2019 from 9:00 am to 10:30 am at the Metro East Parks and Recreation Building (104 United Drive, Collinsville, IL 62234).

Coming together is the beginning. Keeping together is progress. Working together is success. – Henry Ford