

CURRICULUM VITAE

Patricia A. Robey, Ed.D., L.P.C., N.C.C., C.T.R.T.C.

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EDUCATION

- Ed.D.** - 2009 Northern Illinois University
Degree: Counselor Education & Supervision
Dissertation: Issues Related to Online Learning in Counselor Education
- M.A.** - 2003 Governors State University
Degree: Counseling
- M.A.** - 1997 Governors State University
Degree: Communication Studies
- B.A.** - 1994 Governors State University
Degree: Psychology
Graduated with highest honors
- A.A.S.** - 1992 Prairie State College
Degree: Mental Health
Graduated Phi Theta Kappa

ACADEMIC EMPLOYMENT

- 2019 – Present Division Chair, Full Professor
Division of Psychology & Counseling
University Park, IL
- 2017 – 2019 Interim Division Chair, Full Professor
Division of Psychology & Counseling
University Park, IL

- 2016 - SU 2017 Full Professor, Division of Psychology & Counseling
Governors State University, University Park, IL
- 2012 - 2016 Associate Professor, Division of Psychology & Counseling
Governors State University, University Park, IL
- 2009-2012 Assistant Professor, Division of Psychology & Counseling,
Governors State University, University Park, IL
- 2010 - 2017 Program Coordinator, MA in Counseling Program
Governors State University, University Park, IL
- 2004 - 2009 Lecturer, Division of Psychology & Counseling, Governors State
University, University Park, IL
- 2003 Adjunct, Division of Psychology & Counseling, Governors State
University, University Park, IL

ACADEMIC EXPERIENCE

- 2016- present **Full Professor in the Division of Psychology & Counseling, Governors State University**
Activities: teaching, supervision
Master's level courses taught: counseling theories; beginning counseling and human relations skills; group dynamics; independent study in choice theory and reality therapy; individual practicum; vocational practicum
Doctoral level courses taught: Practicum II and Supervision.
- 2012 - 2016 **Associate Professor in the Division of Psychology & Counseling, Governors State University**
Activities: teaching, supervision
Master's level courses taught: counseling theories; beginning counseling and human relations skills; group dynamics; independent study in choice theory and reality therapy; individual practicum; vocational practicum
Doctoral level courses taught: Practicum II and Supervision.
- 2010 to 2017 **Program Coordinator, MA Counseling program, Division of Psychology & Counseling, Governors State University**
Activities: Facilitate monthly program meetings; develop course schedule; coordinate new student orientation; organize professional development workshops for internship supervisors; facilitate faculty retreat; meet with program advisor and division chair to discuss program issues as needed; curriculum review; CACREP liaison; CACREP accreditation coordinator

- 2009 to 2012 **Assistant Professor in the Division of Psychology & Counseling, Governors State University**
 Activities: teaching, supervision
 Master's level courses taught: counseling theories; beginning counseling and human relations skills; group dynamics; independent study in choice theory and reality therapy; individual practicum; vocational practicum
 Doctoral level courses taught: Practicum II and Supervision.
- 2004 to 2009 **University lecturer in the Division of Psychology & Counseling, Governors State University**
 Activities: teaching, supervision, locating and evaluating internship sites and placements.
 Courses taught: counseling theories; family systems theory; professional orientation and ethical standards for counselors; lifestyle and career development; beginning counseling and human relations skills; group dynamics; sex therapy; assessment; lifespan development; individual practicum and career practicum.
 Supervisory experience: individual and career practicum classes; marriage and family interns.
- 2003 **Adjunct professor in the Division of Psychology & Counseling, Governors State University.**
 Activities: teaching, supervision, locating and evaluating internship sites and placements.
 Courses taught: counseling theories.
 Supervisory experience: Assisted in marriage & family internship supervision

CLINICAL EMPLOYMENT

- 2003 – 2009 (staff) **Counselor, Oak Lawn Family Services, Oak Lawn, IL**
 2001 – 2003 Activities: Individual, couple, child, family, and group counseling,
 (intern) and intern supervision.

LICENSURE AND CERTIFICATIONS

- 2003 Licensed Professional Counselor (LPC), Illinois
 2003 National Certified Counselor (NCC)
 1992 Reality Therapy Certification (RTC)
 2009 Certificate in Online Teaching, Governors State University

GRANTS

- 2015 Intellectual Life Committee, \$500.00 award to host presentation for Governors State University students and faculty, titled *Leveraging Diversity in School and in Life* (3 hour workshop to be presented in 2016)
- 2014 Intellectual Life Committee, \$500.00 award to host Wellness Night presentation for Governors State University students and faculty, titled *How to Balance School, Work, and Life*
- 2014 Intellectual Life Committee, \$500.00 award to host Wellness Night presentation for Governors State University students and faculty, titled *The 12 Life Changing Lessons from the Airport*

PUBLICATIONS

Edited Book

Robey, P., Wubbolding, R., & Carlson, J., Eds. (2012). *Contemporary Issues in Couples Counseling: A Choice Theory and Reality Therapy Approach*. New York: Routledge.

Refereed Journal Articles

- Azmy, S., & **Robey, P.** (2019). Forgiveness as an effective total behavior. *International Journal of Choice Theory and Reality Therapy*, 38 (2), 21 - 27.
- Cervantes, S. N., & **Robey, P. A.** (2018) Aligning Choice Theory Psychology with Cognitive Psychology. *International Journal of Choice Theory and Reality Therapy*, 38 (1), 13-20.
- Pedigo, T., **Robey, P.** & Tuskenis, A. (2018). Realizing health: The path of mindfulness and Choice Theory *International Journal of Choice Theory and Reality Therapy*, 38 (1), 63-75.
- Robey, P. A.**, Wubbolding, R., & Malters, M. (2017). A Comparison of Choice Theory/Reality Therapy to Adlerian Individual Psychology. *Journal of Individual Psychology*, 73(4).
- Pedigo, T., **Robey, P.**, & Christiansen, T. (2016). An integration of mindfulness with Choice Theory and Reality Therapy. *International Journal of Choice Theory and Reality Therapy*, 36(1), 64-72.
- Robey, P. A.** (2016). "Hand-in-hand for Happiness:" An interview with Rose Inza-Kim. *International Journal of Choice Theory and Reality Therapy*, 35(2), 45-48
- Christiansen, T. & **Robey, P. A.** (2015). Promoting systemic change through the integration of professional learning community practices with Glasser Quality Schools. *International Journal of Choice Theory and Reality Therapy*, 35 (1), 7-13.
- Robey, P. A.** (2015) Keeping the Flag of Choice Theory and Reality Therapy Flying: An Interview with Robert Wubbolding. *International Journal of Choice Theory and Reality*

Therapy, 34(2), 35-41

- Robey, P. A.** (2015). Working toward a more peaceful world: An interview with Jim Montagnes. *International Journal of Choice Theory and Reality Therapy, 35(1), 57-62.*
- Robey, P. A.** (2014). Living and loving everything choice theory: An interview with Kim Olver. *International Journal of Choice Theory and Reality Therapy, 33(2), 86-91.*
- Robey, P. A.** (2014). Together we can do it! Part two of an interview with Kim Olver. *International Journal of Choice Theory and Reality Therapy, 34(1), 38-43.*
- Cameron, J., & **Robey, P.** (2013). Healing through healing: The horsepower of choice theory. *International Journal of Choice Theory and Reality Therapy, 32(1), 87-96.*
- Henderson, A., **Robey, P.A.**, Dunham, S. M., & Dermer, S. B. (2013). Change, choice, and home: An integration of the work of Glasser and Gottman. *International Journal of Choice Theory and Reality Therapy, 32(2), 36-47.* Retrieved from http://www.wglasser.com/images/faculty_rtc/ijctr%20xxx%20no2.pdf
- Robey, P. A.** (2013). "It's all about relationships." An interview with Linda Harshman. *International Journal of Choice Theory and Reality Therapy, 32(2), 78-84.* Retrieved from http://www.wglasser.com/images/faculty_rtc/ijctr%20xxx%20no2.pdf
- Robey, P. A.** (2013). With thanks to Bill Glasser: An interview with Brian Lennon. *International Journal of Choice Theory and Reality Therapy, 32(1), 125-130.*
- Sori, C., & **Robey, P. A.** (2013). Finding reality in the sand: Transitions with children using choice theory, reality therapy, and sandtray. *The International Journal of Choice Theory and Reality Therapy, 32(1), 63-77.*
- Dermer, S., **Robey, P.**, & Dunham, S. (2012). A comparison of reality therapy and choice theory with solution-focused therapy. *International Journal of Choice Theory and Reality Therapy 31 (2), 14-21.* Retrieved from http://www.wglasser.com/images/faculty_rtc/ijctr%20xxx%20no2.pdf
- Robey, P. A.** (2012). "It's your fault, Bill Glasser." *International Journal of Choice Theory and Reality Therapy 32 (1), 48-56.* Retrieved from http://www.wglasser.com/images/faculty_rtc/ijctr%20xxx%20no2.pdf
- Robey, P. A.** (2012). Cognitive behavior therapy as a systemic approach in counseling: An interview with Art Freeman. *The Family Journal, 20, (3), 327-331.* DOI: 10.1177/1066480712449605
- Robey, P.**, & Cosentino, A. (2012). Choice theory and reality therapy in counselor supervision. *International Journal of Choice Theory and Reality Therapy 31 (2).*

31-41. Retrieved from

http://www.wglasser.com/images/faculty_rtc/ijctrtr%20xxx%20no2.pdf

Wubbolding, R., Brickell, J., Burdenski, T., & **Robey, P.** (2012). Implementing one caring habit: Listening with reality therapy procedures, Part I. *International Journal of Choice Theory and Reality Therapy*, 30 (2), 22-26. Retrieved from http://www.wglasser.com/images/faculty_rtc/ijctrtr%20xxx%20no2.pdf

Beebe, J., & **Robey, P. A.** (2011). The prevalence and psychological impact of bullying on adolescents: An application of choice theory and reality therapy. *International Journal of Choice Theory and Reality Therapy*, 30 (2), 33-44. Retrieved from http://www.wglasser.com/images/faculty_rtc/ijctrtr%20xxx%20no2.pdf

Carlson, J., & **Robey, P.** (2011). An Integrative Adlerian Approach to Family Counseling. *The Journal of Individual Psychology*, 67 (3), p232-244.

Robey, P. (2011). Reality therapy and choice theory: An interview with Robert Wubbolding. *The Family Journal*, 19 (2), 231-237. DOI: 10.1177/1066480710397129

Robey, P. A., Beebe, J. E., Mercherson, A., & Grant, G. (2011). Applications of choice theory and reality therapy with challenging youth. *International Journal of Choice Theory and Reality Therapy*. 31 (1), 84-89.

Robey, P., Britzman, M., Burdenski, T. K., Crowell, J., & Smith Cisse, G. (2011) Systemic applications of choice theory and reality therapy: An interview with Glasser Scholars. *The Family Journal*, 19, (4), 427-433. DOI: 10.1177/10664807111415038

Robey, P. A., Grant, G., Mercherson, A., & Price, P. (2011). Insights gained along the way: Counseling students share their learning journey. *International Journal of Choice Theory and Reality Therapy*, 30 (2), 45-51. Retrieved from http://www.wglasser.com/images/faculty_rtc/ijctrtr%20xxx%20no2.pdf

Robey, P. (2010). To teach the world choice theory: Using 21st century approaches to deliver training. *The International Journal of Choice Theory and Reality Therapy*, 29 (2), 41-49.

Wubbolding, R., **Robey, P.**, & Brickell, J. (2010). A partial and tentative look to the future with a practical idea. *The International Journal of Choice Theory and Reality Therapy*, 29 (2), 25-34.

Book Chapters

Hale, J. V., & **Robey, P. A.** (2019) It all begins with relationships: The Glasser Quality School model. In Daniels, K. & Billingsley, K., (Eds.), *Creating caring and supportive educational environments for meaningful learning*. Hershey, PA: IGI Global, 20-35.

- Robey, P. A., & Harris, V.A.** (accepted, 2018). The Coach and the Quarterback in the Therapeutic Relationship. In C. J. Dean & S. E. Stewart-Spencer (Eds.). *Metaphors and therapy: Enhancing clinical supervision and education*. (Vol. 2). Baton Rouge, LA: Independent Therapy Ink, LLC
- Robey, P.** (2018). Integrating Glasser Quality School concepts into online courses. In C. Fitzgerald, S. Laurian-Fitzgerald, & C. Popa, (Eds.). *Handbook of Research on student-centered strategies in online adult learning environments*. Hershey, PA: IGI Global, 16-31.
- Robey, P.** (2017). Choice theory and reality therapy. In J. Carlson & S. Dermer (Eds.) *The SAGE Encyclopedia of Marriage, Family, and Couples Counseling, 1*, Thousand Oaks, CA., 236-239.
- Robey, P.** (2017). Integrating systemic and individual theories. In J. Carlson & S. Dermer (Eds.) *The SAGE Encyclopedia of Marriage, Family, and Couples Counseling, 2*, Thousand Oaks, CA., 862-867.
- Robey, P.** (2017). Therapeutic alliance. In J. Carlson & S. Dermer (Eds.) *The SAGE Encyclopedia of Marriage, Family, and Couples Counseling, 4*, Thousand Oaks, CA., 1688-1693.
- Beebe, J. E., & **Robey, P. A.** (2015). Spirit stones: Reflecting on your inner strengths. In *Group Work Experts Share Their Favorite Activities for Supervision*. Association for Specialists in Group Work
- Beebe, J., & **Robey, P.** (2015). The circle of strength bracelet: Finding inner resources to overcome bullying. In C. Sori & M. Bachenberg (Eds.), *The therapist's notebook for children and adolescents* (2nd. ed.). New York: Haworth Press.
- Carlson, J., **Robey, P.**, & Mason, M. (2015). Alfred Adler and individual psychotherapy. In H. E. A. Tinsley, S. H. Lease and N. S. Giffin Wiersma (Eds.), *Contemporary Theory and Practice of Counseling and Psychotherapy*. Thousand Oaks, CA: Sage.
- Robey, P. A. & Sori, C.** (2015). "Grieving in the Sand:" Integrating Sandtray with Reality Therapy to Help Children Through the Grieving Process. In C. Sori & M. Bachenberg (Eds.), *The therapist's notebook for children and adolescents* (2nd. ed.). New York: Haworth Press
- Robey, P.A. & McIntosh, M. C.** (2012). Relationship recovery after infidelity. In P. A. Robey, R.E. Wubbolding & J. Carlson (Eds.). *Contemporary issues in couples counseling: A choice theory and reality therapy approach*. New York: Routledge.
- Robey, P.A., & Wubbolding, R.E.** (2012). An interview with Dr. William Glasser and Carleen Glasser. In P. A. Robey, R. E. Wubbolding & J. Carlson, (Eds.) *Contemporary issues in couples counseling: A choice theory and reality therapy approach*. New York: Routledge.

- Robey, P. A.**, Wubbolding, R. E., & Carlson, J. (2012). Commentary from the editors. In P. A. Robey, R. E. Wubbolding & J. Carlson, (Eds.) *Contemporary issues in couples counseling: A choice theory and reality therapy approach*. New York: Routledge.
- White, V., & **Robey, P. A.** (2012) The struggle for identity as a gay couple. In P. A. Robey, R. E. Wubbolding & J. Carlson, (Eds.) *Contemporary issues in couples counseling: A choice theory and reality therapy approach*. New York:Routledge.
- Wubbolding, R. E. & **Robey, P. A.** (2012). Introduction to choice theory and reality therapy. In P. A. Robey, R. E. Wubbolding & J. Carlson, (Eds.) *Contemporary issues in couples counseling: A choice theory and reality therapy approach*. New York: Routledge.
- Carlson, J., & **Robey, P.** (2011). Case studies in couple therapy: The Adlerian approach. In D. Carson & M. Casado (Eds.), *Case studies in couple Therapy: Theory-based approaches*. New York: Routledge.
- Robey, P.**, & Sori, C. (2011). Compassionate parenting: The antidote to poisonous parenting. In S. Dunham, S. Dermer & J. Carlson (Eds.), *Poisonous parenting: Toxic relationships between parents and their adult children*. New York: Routledge.
- Robey, P.** (2010). The terrible, awful, unspeakable, secret... And how it changed me. In J. Kottler & J. Carlson (Eds.), *Duped: Lies and deception in psychotherapy*. New York: Routledge.
- Robey, P.** (2008). Counseling couples with choice theory and reality therapy: The structured first interview. In C. Sori & L. Hecker (Eds.), *The therapist's notebook II: homework, handouts & activities for use in psychotherapy*. . New York: Haworth Press.
- Robey, P.** (2008). Ready, set, goal! Helping families come to agreement on therapeutic goals. In C. Sori & L. Hecker (Eds.), *The therapist's notebook III: homework, handouts & activities for use in psychotherapy*. New York: Haworth Press.
- Snow, K, Crethar, H.C., **Robey, P.** & Carlson, J. (2005). Theories of family therapy (Part I). In R.H. Coombs, (Ed.), *Family therapy review: Preparing for comprehensive and licensing examinations*. Mahwah, NJ. Lawrence Erlbaum Associates, Inc.

Newsletters

- Robey, P.** & Carlson, J. (2013). In memory of Dr. William Glasser. *The Facilitator*, 6 (3).
- Robey, P.** (2011). What do you do? Part II. *The Facilitator*, 4 (7).
- Robey, P.** (2011). A matter of Balance. *The Facilitator*, 4 (5).

Robey, P., & Carlson, J. (2010). Ed.D., Ph.D., or Psy.D. – What’s the difference? *The Facilitator*, 3 (2).

Robey, P., & Dyslin, C. (2010). Choosing your doctoral program. *The Facilitator*, 3 (3).

Robey, P. (2009). Reflections on the doctoral process – Part II. *The Facilitator*, 2 (7).

Robey, P. (2009). Reflections on the doctoral process. *The Facilitator*, 2 (5).

VIDEOS

Robey, P., & Dermer, S. (2015). *Group work: Dealing with problems in a group*. CACREP: Essential skills for counseling practice series. Alexander Street Press: Alexandria, VA.

Robey, P. & Dermer, S. (2015). *Professional orientation/ethics: Ethical dilemmas: Boundary issues*. CACREP: Essential skills for counseling practice series. Alexander Street Press: Alexandria, VA.

Robey, P. (2015). *Counseling theory, models, and techniques*. Alexander Street Press: Alexandria, VA.

Robey, P. (2015). *Theoretical case conceptualization and treatment planning*. Alexander Street Press: Alexandria, VA.

Robey, P. (2015). *Understanding counseling theory*. Alexander Street Press: Alexandria, VA.

Robey, P. (2015). *Demonstration of counseling with choice theory and reality therapy over 5 sessions*. Urquhart Publishing Group: Richmond, VA.

PRESENTATIONS

International/National

Robey, P. A., & Dermer, S. B. (2019). Developing Resilience through the Integration of Mindfulness Practice in Trauma Counseling. 60th Annual EB-ACA Conference, Vienna, Austria

Dermer, S. B., & **Robey, P. A.** (2018). Sex Positivity, Sexual Pleasure, and the Five Basic Needs. William Glasser International Conference, Bogota, Columbia.

- Robey, P.** (2017). What, Me Worry? Uncovering the personal fears that undermine conversations about diversity... and other difficult topics. William Glasser Institute – US Conference, Raleigh, NC.
- Robey, P.** (2017). Facilitating self-evaluation. William Glasser Institute – US Faculty Day. Raleigh, NC.
- Robey, P., & Fain-Morgan, J.** (2017) Validating and expanding the work of Dr. William Glasser. William Glasser Institute – US Conference, Raleigh, NC.
- Olver, K., & **Robey, P.** (2016). Secrets of Happy Couples: Time Tested Strategies for Building and Maintaining Successful Relationships. Clare Ong PsychConsult Pte Ltd, Singapore.
- Robey, P.** (2016). Assessing couple compatibility with the family values genogram. William Glasser International Conference, Seoul, South Korea.
- Robey, P., & Fulkerson, M. (2015). *Case Conceptualization and Treatment Planning*. William Glasser Institute US Conference, Las Vegas, NV.
- Fain-Morgan, J., Larsen, K., **Robey, P.**, & Wubbolding, R. (2014). Publish and Prosper! Research for the Future: How to Help Produce and Conduct Research for the Future. William Glasser International Conference, Toronto, Canada.
- Parish, T., & **Robey, P.** (2014). A CT/RT Playbook “Show and Tell.” William Glasser International Conference, Toronto, Canada.
- Robey, P.** (2014). Ready, Set, Goal! William Glasser International Conference, Toronto, Canada.
- Robey, P.** (2013). Lonely in the crowd: How the intrapersonal experiences of loneliness influences well-being – and what we can do about it. William Glasser Institute – US Conference, Buffalo, NY.
- Robey, P., & LaFond, B.** (2013). Creating a supportive research e-book. William Glasser US Faculty Retreat, Dallas, TX.
- Lennon, B., Gelinas, E. B., Palcic Bubnic, M., Davis, D., Al-Fajem, M., & **Robey, P.** (2012). Celebrating choice theory. William Glasser Association International Conference, Los Angeles, CA.
- Roth, B., **Robey, P.**, Wubbolding, R., Buck, N., McIntosh, M., Fain-Morgan, J., & Olver, K. (2012) Contemporary issues in couples counseling: A choice theory and reality therapy approach. William Glasser Association International Conference, Los Angeles, CA.
- Robey, P., Henderson, A., & Smurzynski, B.** (2010). Playful counseling approaches that

access the inner world of clients. The William Glasser International Conference, Nashville, TN.

Robey, P. (2008). Facilitating training in an online environment. The William Glasser Institute 2008 International Conference Faculty Retreat, Colorado Springs, CO.

Robey, P., & Buck, N. (2007). Choice theory and reality therapy. William Glasser Institute, Singapore.

Robey, P. & Seville Suffield, J. (2006). Advanced choice theory and reality therapy. William Glasser Institute, South Africa.

Robey, P., & Olver, K. (2001). That puzzling chart. The William Glasser Institute Faculty Retreat, Los Angeles, CA.

Hackett, J., & **Robey, P.** (1997). The fiesta with everything: The “pizza” approach to teaching self-evaluation. William Glasser Institute Quality School Consortium, St. Paul, MN.

Robey, P. (1997). Can you teach me? I’m over 21! William Glasser Institute International Convention.

Robey, P. (1996). Fun & physical ways to teach total behavior. William Glasser Institute Faculty Retreat, Los Angeles, CA.

Hackett, J., & **Robey, P.** (1996). Training the staff in a quality alternative school. William Glasser Institute Quality School Consortium, Austin, TX.

Maune, B., Baugh, S., & **Robey, P.** (1992). Using reality therapy in a youth services agency. International Convention for the Institute for Reality Therapy, Vancouver, British Columbia, Canada.

Regional/State

Robey, P., & Franklin, P. (2014). Increasing awareness through the experiential use of metaphor in supervision. North Central Association for Counselor Educators and Supervisors (NCACES), St. Louis, MO.

Robey, P. (2014). On the Road Again with “Cars R Us.” WGI Midwest Region Conference, Indianapolis, IN.

Robey, P., Michele, R., Lorelle, S., & Mc. Clure, M. (2014). A discussion on the chapter Nettles, from the book *Hateship, Friendship, Courtship, Loveship, Marriage* by Alice Munro. Intellectual Life Committee One Book One University, Governors State University.

- Robey, P.** (2013). The use of miniatures to explore interpersonal process. Counselor Networking Event, Northeastern Illinois University.
- Fassl, R., **Robey, P.**, & Grasser, E. (2012). GPS: What's our destination and how do we get there? Utilizing a needs assessments and goal setting. Illinois Counseling Association Conference, Springfield, IL.
- Robey, P.**, Zaborac, A., Santefort, L., & Zumstein, C. (2012). Playful Interventions in Group Counseling. Illinois Counseling Association Conference, Springfield, IL.
- Henderson, A., Smurzynski, B., & **Robey, P.** (2011). Choosing a healthy life. The William Glasser Institute Midwest Region, Schaumburg, IL.
- Parish, T., Wubbolding, R., **Robey, P.** & Morgan, J. (2011). Tips on how to publish articles and/or present at professional meetings. The William Glasser Institute Midwest Region, Schaumburg, IL.
- Robey, P.**, Grant, G., Price, P. & Counts, C. (2011). Fun with Miniatures and WDEP. The William Glasser Institute Midwest Region, Schaumburg, IL.
- Robey, P.**, & Grant, G.(2011). Exploring the use of miniatures in the WDEP process of reality therapy. Illinois Counseling Association Conference, Skokie, IL.
- Zingsheim, J., Armstrong, J., **Robey, P.**, & Yang, J. (2011). Teaching with technology panel: Mini-cams. Faculty Summer Institute 2011, Center for Online Teaching and Learning, University Park, IL.
- Robey, P.**, Sori, C., & Watson, D. (2010). Supervision in the sand: Helping supervisees understand their clients – and themselves – through sandtray work. North Central Association for Counselor Education and Supervision Conference (NCACES), Itasca, IL.
- Robey, P.**, & Baugh, S. (2010). Managing difficult and resistant clients. Genesis Therapy Center, Orland Park, IL.
- Robey, P.**, Boender, J., Henderson, A., & Smurzynski, B. (2009). Helping couples work together through an optimistic experiential approach. Annual State Conference of the Illinois Counseling Association, Springfield, IL.
- Robey, P.**, Henderson, A., & Smurzynski, B. (2009). An experiential approach to building relationships. William Glasser Institute Midwest Region Fall Conference, Vernon Hills, IL.
- Robey, P.** (2009). Choice Theory & Reality Therapy. GSU Chapter Illinois Counseling Association, University Park, IL.

- Robey, P.**, Cordero, A., Kokaska, C., Saeed, M., Slawinski, J., & Watson, D. (2008). Play therapy from a multicultural perspective. Annual State Conference of the Illinois Counseling Association, Tinley Park, IL.
- Robey, P.** (2008). Playful ways to engage children and families in therapy. William Glasser Institute Midwest Region Conference, Erlanger, KY.
- Robey, P.** (2007). Sandtray therapy. Northern Illinois University, DeKalb, IL.
- Robey, P.** (2006). Understanding the world of children and families through the use of play. William Glasser Institute Midwest Region Spring Conference, Vernon Hills, IL.
- Robey, P.** (2003). Counseling children with Choice Theory: Glasser's "new" reality therapy. Oak Lawn Family Service, Oak Lawn, IL.
- Hackett, J., & **Robey, P.** (1997). Conflict management. Hyde Park Academy, Hyde Park, IL.
- Hackett, J., & **Robey, P.** (1997). Building involvement with students. Hyde Park Academy, Hyde Park, IL.
- Robey, P.** (1997). Diversity in the workplace. Aunt Martha's Youth Services, Inc., Matteson, IL.
- Robey, P.** (1997). Personalizing Reality Therapy. Aunt Martha's Youth Services, Inc., Matteson, IL.
- Hackett, J., & **Robey, P.** (1996). Creating a Quality School. Hyde Park Academy, Hyde Park, IL.
- Hackett, J., & **Robey, P.** (1996). Reality Therapy, Choice Theory and the Quality School. Hyde Park Academy, Hyde Park, IL.
- Hackett, J., & **Robey, P.** (1996). Reality Therapy & Choice Theory. Rockford Public Schools, Rockford, IL.
- Robey, P.** (1996). Feedback & self-evaluation. Aunt Martha's Youth Services, Inc., Matteson, IL.
- GOVERNORS STATE UNIVERSITY**
- Robey, P. A.**, Olver, K., & Campbell, H. (2019). From Victimized to Victorious: Navigating Recovery from Trauma. Governors State University, University Park, IL.
- Pedigo, T., **Robey, P.**, Valgoi, M., Evans, A., & Womack, V. (2019). Trauma, Mindfulness, and Resilience. Governors State University, University Park, IL.

SERVICE**University**

| | |
|--------------------|---|
| 2019 | Graduate Council |
| 2017 | Excellence Awards Committee |
| 2015 | Faculty Mentoring Initiative Committee |
| 2015 | Intellectual Life Presentation, One Book One University: <i>Fahrenheit 451: Book summary and discussion.</i> |
| 2015 | New Faculty Orientation – Small group discussion on publication |
| 2014 | Intellectual Life Presentation, One Book One University: <i>Hateship, Friendship, Courtship, Loveship, Marriage</i> |
| 2014 | Wellness Night coordinator and facilitator: How to Balance School, Work, and Life; The 12 Life-changing Lessons from the Airport |
| 2014 | “How to communicate with Faculty.” Peer Mentor Training presentation. |
| 2014 | Committee on Student Engagement in the Civil Rights Act Commemoration |
| 2012, 2013 | Sanction and Termination Committee |
| 2012 | Search Committee: Executive Director of Continuing Education |
| 2011, 2013 | Student Scholarship Reviewer |
| 2012- Present | Honorary Degree Committee |
| 2011 | Search Committee: COTL faculty |
| 2010 to 2013 | Educational Policies Committee. Member-at-large. The Educational Policies Committee (EPC) of the Faculty Senate serves as “a clearinghouse for University educational policy originating from the administration or faculty” (see Faculty Senate Bylaws). The Committee also reviews, for consistency, existing University and collegial educational policies, and recommends new policies designed to serve the needs of the University. |
| 2010, 2011 | Meeting of the Minds group (founding member). This group of GSU faculty was formed to further creativity and dialogue on issues related to faculty and university growth and development. |
| 2009 – present | Intellectual Life Committee. The mission of the Intellectual Life Committee is to expand the intellectual opportunities available to the GSU community; to contribute to the enhancement of intellectual pursuits; and to increase the growth of and participation in intellectual endeavors. |
| 2009 | GSU Volunteer Team (V-team). Provide service to the university when needed during events. Served as greeter at the 40 th anniversary celebration. |

College of Education

- 2014 College Personnel Committee
 2013 Tuition Waiver Reviewer
 2011 - 2013 COE Scholarship Committee
- 2010 Technology Action Group (TAG): serve in an advisory capacity to the Dean on topics related to instructional and operational technology within the college

Division of Psychology & Counseling

- 2017 Division Criteria Committee
 2017 Search Committee: MA and Ed.D. faculty
 2014-2015 Search Committee: School counseling Faculty
 2014-2015 Panelist on APA videos
 2014 Guest Lecturer, COUN 6630 (Snow) and COUN 8842 (Waller)
 2011- present Counselor Education & Supervision Doctoral Program Committee
 2011- present Counseling Peer Mentoring Program Faculty Advisor
 2013-2014 Division Personnel Committee
 2012, 2013 Division Criteria Review Committee
 2012, 2013 Division Curriculum Committee
 2012 Search Committee: School counseling faculty
 2011 Search Committee: School counseling faculty
 2011 Search Committee Co-chair: MA/Ed.D. program faculty
 2010 Search Committee: School counseling faculty
 2009/
 2010 Mentored colleagues in creating syllabi and setting up webct courses.
 2009 Assisted Marriage & Family Track faculty with candidate interviews
 2009 COUN 859:client consultation
 2009 COUN 859: Client consultation, supervision, created training video
 2009 COUN 859: Supervision and facilitation of reflecting team
 2009/
 2009 Contributed articles to Division of Psychology & Counseling newsletter
 2009 Autism Seminar. Assisted participants with CEUs.
 2009 Trinity Christian College Visit. Attended and greeted participants; answered questions about Counseling program.
 2009 School Counseling Common Hour. Met with guest presenters, attended presentation, delivered closing remarks.

PROFESSIONAL SERVICE**Editorial Board**

- 2014 to present *International Journal of Choice Theory and Reality Therapy*

Guest Lead Editor Special Historical Issue of the *International Journal of Choice Theory and Reality Therapy*
Spring 2017

Guest Lead Editor Special “Future” Edition of the *International Journal of Choice Theory and Reality Therapy*
Fall 2017

Textbook Reviews

Gehart, D. (2011) *Mastering Treatment Planning Competencies*. Belmont, CA: Brooks/Cole.

Henderson, C. & Thompson, D. (2009). *Counseling children: A developmental approach* (8th. ed). Belmont, CA: Cengage Learning.

Hess, R., Magnuson, S., & Beeler, L. (2009). *Counseling children and adolescents in the schools*. Thousand Oaks, CA: Sage.

Ellsworth, L. (2006). *Choosing to heal: Using reality therapy in the treatment of sexually abused children*. New York: Taylor & Francis.

Textbook Proposal Review

Shapiro, J. L. (proposed 2013). *Systematizing Intuition: Pragmatic Existential Counseling and Psychotherapy*. Thousand Oaks, CA: Sage.

Journal Article Reviews

Blind Review (2011). The goal of reunification: An Adlerian approach to working for therapeutic change within the foster care system. *The Family Journal*.

Blind review (2011). Building integration and belonging between adolescents and their foster parents through filial therapy. *The Family Journal*.

Blind review (2010). Classrooms without walls. *Journal of Humanistic Counseling, Education, and Development (JHCEAD)*.

Mohamadi, S., & Sahebi, Ph.D.,(2014). Construction of an English version of the Quality of Marital Relationships (QMR) Scale based on the Glasser’s ‘Seven Deadly Habits.’ *International Journal of Choice Theory and Reality Therapy*.

Journal Review

The ICA Journal Special Issue (2006). *Toward a Life Work: Courage, Creativity, and Collaboration*.

Tenure Portfolio Review

M. Graham, Seattle University. September, 2013.

COMMUNITY SERVICE

- 2015 **Mental Health and Happiness Summit** Interviewer: Barnes Boffey, Debbie Joffe Ellis, and Robert Wubbolding
- 2014 **Mental Health and Happiness Summit:** Invited interviewee
- 2006 **Blackwell History of Education Museum.** Contribution of an essay on the history of the Keystone Postcard Projector.
- 1990 -2014 **Training team, Aunt Martha's Youth Services, Inc.** Deliver training in choice theory and reality therapy to Aunt Martha's staff and volunteers; co-evaluator for participants in Aunt Martha's in-house certification in reality therapy
- 1990-1994 **Drop-in center supervisor, Aunt Martha's Youth Services, Inc.** Organized room assignments and appointments for volunteers.
- 1986-1994 **Drop-in center counselor. Aunt Martha's Youth Services, Inc.** Provided services for families, couples, and youth.
- 1985 **Good Shepherd Center for Exceptional Children,** Assisted in fund-raising events

Honors and Recognition

- 2015 Tribute Letters. *International Journal of Choice Theory and Reality Therapy*, 35(1), 7-13, 63-39.
- 2012 Counseling Program Teacher of the Year, Governors State University
- 2011 Faculty Excellence Award Nomination, Governors State University
- 2009 Faculty Excellence Award, Governors State University
- 2008 Faculty Excellence Award, Governors State University
- 2006 Kappa Delta Pi
- 2001 Chi Sigma Iota
- 1996 Aunt Martha's Youth Services, Inc., Ten Year Volunteer Award
- 1992 Phi Theta Kappa

TRAINING AND CONSULTING

The William Glasser Institute - US (WGI)/ William Glasser International

1992 to present **Instructor**

Activities: instruction in William Glasser's concepts of Choice Theory, Reality Therapy, Lead Management and Quality School Concepts. Focus of training is to help participants replace external control behavior with behavior that creates a non-coercive environment, thus improving personal, professional and systemic relationships and outcomes. Instruction delivered to individuals and groups in the fields of social service, counseling, corrections, schools, medicine, management, parent education, and other professional areas, as well as to individuals interested in personal growth.

- 2008 to present **Instructor, Glasser Scholars Program**
Activities: instruction and supervision for a group of 20 counselor educators. Focus on application of Glasser's ideas in teaching, counseling and research.
- 1995 to present **Instructor, WGI Faculty Training**
Activities: instruction, supervision and endorsement for individuals interested in becoming WGI faculty members.
- 1994 to 2009 **Instructor, WGI Practicum supervisor training:** Chicago, IL, 2009, 2007, 2006, 1998, 1996; Minneapolis, MN 2004; Rehoboth Beach, DE 2003; Las Vegas, NV, 2002; Michigan, 1995, 1999, 2000, 2001, 2002, 2003; Cincinnati, OH 1997; Flint, MI 1994
- 1995 to 2007 **Instructor: WGI Practicum supervisor endorsement:** San Antonio, TX, 2002; Michigan, 1995, 2000, 2001, 2002, 2003; Cincinnati, OH 1998; Chicago, IL 1999, 2004, 2006; Singapore, 2007
- 1999 to 2004 **Instructor: WGI Instructor training and endorsement:** Chicago, IL 2004; New Brunswick, Canada, 2002; Michigan, 2001; Los Angeles, CA, 1999
- 1996 to 2015 **Instructor, WGI Certification**
Activities: Facilitate and instruct 4 ½ day certification programs, in which participants demonstrate skill in reality therapy and lead management, apply choice theory and quality school concepts to case presentations, and deliver presentations on professional applications of these ideas. Dates and locations available on request
- 1994 to present **Instructor, WGI Intensive Training Weeks**
Activities: Deliver 4 day instruction in basic and/or advanced levels of instruction in Choice Theory, Reality Therapy, Lead Management and Quality Schools.
Agencies: WGI Australia; Project Oz, Bloomington, IL; Aunt

Martha's Youth Services, Inc., IL; Rolling Meadows High School, IL; Northeast Regional Corrections Center, MN; Consolidated High School District 230, IL; Family Care for Children & Youth, PA; Genessee Valley Intermediate School District, MI; Bemidji Middle School, MN; LaSierra University, CA; Pacific Union College, CA; Hawthorne Options School, IL; Aspen Elementary School, IL; Oak Park High School, MI; William Glasser Institute Singapore; William Glasser Institute, South Africa

1992 to present

Supervisor, WGI Basic and Advanced Practicum

Provide instruction and supervision to basic and/or advanced level participants. Practicum requires a minimum of 6 months study, including a minimum of 30 hours, 12 of which must be in face-to-face instruction with supervisor. Focus is on application and practice of choice theory, reality therapy, lead management and quality school principles.

Agencies: Aunt Martha's Youth Services, Inc., IL; Consolidated High School District 230, IL; Rolling Meadows High School, IL; Rockford Public School, IL; Benet Academy, IL; Mercy Home for Boys, IL; Coloma High School, MI; Pacific Union College, CA; Chaddock Residential School for Youth, IL; Hawthorne Options School, IL

Consulting

1992 to present

Provide instruction, supervision and/or training designed to meet the specific needs and goals of the institution requesting services, e.g. using reality therapy to deal with youth at risk, applying choice theory to changing classroom practices, using lead management practices to manage disruptive students.

Agencies: Aunt Martha's Youth Services, Inc, IL.; Benet Academy, IL; Coloma School District, MI; Consolidated High School District 230, IL; Vernon Hills School District, IL; Genessee Intermediate School District, MI; Hyde Park Academy, IL; Mercy Home for Boys, IL; Rockford Public Schools, IL; Seventh Day Adventists, CA

PROFESSIONAL ADMINISTRATION AND LEADERSHIP

2010 - 2011

Planning Committee & Co-chair: The William Glasser Institute Midwest Region 2011 Conference, Schaumburg, IL

Activities: conference pre-planning, site selection, lodging, advertising, coordination of activities, meals, organizing volunteers and creating support materials.

- 2003 – 2004 **Co-chair, The William Glasser Institute 2004 International Conference, Chicago, IL**
Activities: conference pre-planning, site selection, lodging, advertising, coordination of activities, meals, organizing volunteers and creating support materials.
- 2003 - 2004 **Program Chair, The William Glasser Institute 2004 International Conference, Chicago, IL**
Activities: Initiated call for presentation proposals, screened proposals, coordinated room assignments, organized technology requirements, provided continuing education credits, collected presenter and conference feedback, organized volunteers.
- 2000 to 2003 **Member, The William Glasser Institute Professional Development Committee**
Activities: Worked with Director of Training to develop, monitor, supervise and evaluate training programs.
- 2000 to 2002 **Board Chair, The William Glasser Institute Advisory Board of Directors**
Activities: presided over board meetings, initiated discussion on agenda topics and business, and facilitated communication among members. When not in session, acted as liaison between members and executive director.
- 1997 to 2003 **Midwest Region Director, The William Glasser Institute Advisory Board of Directors**
Activities: organizing Region conferences twice each year; representing MW region membership at WGI board meetings; organizing and facilitating instructor training and intensive weeks; managing region finances; managing region library; publishing region newsletter twice each year; assisted in the development of region website.
- 1990 -1994 **Drop-in center supervisor, Aunt Martha's Youth Services, Inc.**
Organized room assignments and appointments for volunteers.

PROFESSIONAL ASSOCIATIONS

American Counseling Association
 Illinois Counseling Association
 Association of Counselor Educators and Supervisors
 North Central Association of Counselor Educators and Supervisors
 Illinois Mental Health Counselors Association
 Illinois Counselor Educators and Supervisors
 Michigan Association for Play Therapy

American Federation of Teachers
 National Board for Certified Counselors
 Governors State University Alumni Association
 The William Glasser Institute US
 William Glasser International
 Aunt Martha's Youth Services, Inc.
 Phi Theta Kappa Honor Society
 Chi Sigma Iota

PROFESSIONAL INTERESTS

Online training and teaching
 Online training design
 Instructional Design
 Stress Management
 Youth Issues
 School Reform
 Organizational Change
 Play Therapy

SPECIALIZED TRAINING

- 2009 **Introduction to Theraplay** – The Theraplay Institute, Wilmette, IL
- 2009 **Coping with Work and Family Stress: A Workplace Preventive Intervention** - 14 week group workshop, Oak Lawn Family Services/Genesis Therapy Center
 Group Facilitator Certificate
- 2009 **Strengthening Families Program** – 12 week group workshop, Oak Lawn Family Services/Genesis Therapy Center
 Group Facilitator Certificate
- 2007 - 2008 **Certificate in Online Teaching**, Governors State University: A four trimester program focusing on developing design and implementation skills necessary for effective online course development and instruction
- 2006 **Sand Tray Therapy**: A four-day workshop in utilizing sand tray techniques in counseling. Workshop leader Eliana Gil, Multicultural Family Institute, NJ
- 2006 **Library of Congress Adventure of the American Mind** project (now known as Teaching with Primary Sources), Governors State University. Project title: “ The Development of Psychoanalytic Theory in Historical and Cultural Context.” Accessible at <http://aam.govst.edu/projects/probey/>

- 1997 **Negotiation Skills for Youth:** training in how to effectively communicate with youth with the goal of a win-win outcome, Aunt Martha's Youth Services, Inc.
- 1990 **Mediation Skills:** a week-long training in which the concepts and application of mediation skills were learned and practiced. Aunt Martha's Youth Services, Inc.
- 1987 **Suicide Prevention:** training in how to recognize signs of suicidal ideation and how to work with suicidal individuals. Aunt Martha's Youth Services, Inc.
- 1997 **Internship project: Diversity in the Workplace.** Met with director of training, researched topic and created preliminary outline of diversity training. Aunt Martha's Youth Services, Inc.
- 1993 **Stress Management,** Governors State University
- 1991 **Thornton Terrace, Chicago Heights, IL.** Facilitated individual and group counseling, and organized and conducted activities for mentally ill individuals in a residential facility, Prairie State College/Thornton Terrace