

WHEREAS, behavioral health is an essential part of overall health and wellness; and,

WHEREAS, prevention of mental health and substance use disorders works, treatment is effective, and people recover in our state and around the nation; and,

WHEREAS, preventing and overcoming mental health and substance use disorders is essential to achieving healthy lifestyles, both physically and emotionally; and,

WHEREAS, we must encourage relatives and friends of people with mental health and substance use disorders to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and,

WHEREAS, an estimated 815,500 adults 18 and over in Illinois are affected by Substance Use Disorders (SUD) including Opioid Use Disorder (OUD), and an estimated 48,500 youth in Illinois are affected by SUD; and,

WHEREAS, to help more people achieve and sustain long-term recovery, the Illinois Department of Human Services - Division of Substance Use Prevention and Recovery (IDHS/SUPR) invite all residents of Illinois to participate in National Recovery Month during the month of September 2019; and,

WHEREAS, recognizing National Recovery Month increases awareness and understanding of mental health disorders and substance use disorders and celebrates people in recovery;

THEREFORE, I, JB Pritzker, Governor of the State of Illinois, do hereby proclaim September 2019 to be **Illinois Recovery Month** and call upon our communities to observe this month with compelling programs and events that support this year's observance. Recovery belongs in Illinois – Together we are stronger.

In Witness Wherent, I have hereunto set my hand and caused the Great Seal of the State of Illinois to be affixed.



Done at the Capitol in the City of Springfield,

this ______ day of ______ september _____, in

the Year of Our Lord, two thousand and

_______, and of the State of Illinois,

two hundred and _______.

SECRETARY OF STATE

A GOVERNOR