## **DISCOVERY**



## SOPHOMORE YEAR

- 1. Set up an appointment with a career counselor to discuss connections between your major and the world of work. Begin to develop your resumé.
- 2. If you are having difficulty deciding on a major, register for the Career Exploration class offered at GSIJ.
- 3. Assess your interests, skills, and values. Several self-assessment tools are available.
- 4. Volunteer, work on-campus, or become involved in student organizations that will contribute to your hands-on experience.

- 5. Join professional associations related to your intended career field.
- 6. Consider attending internship/career fairs to begin networking with employers and exploring potential internship options.
- 7. Conduct informational interviews with those in careers of interest.
- 8. Research career resources including:
  - What Can I Do With This Major?
  - Occupational Outlook Handbook
  - 0\*NET
  - Career Insider/Vault