## **EXPLORATION**



## FRESHMAN YEAR

- 1. Set up an appointment with a career counselor to discuss your career plans.
- 2. Identify interests, skills, work values, and personality preferences-key factors in the career decision making process..
- 3. Explore the What Can I Do With This Major? resource posted on the Office of Career Services website.
- 4. Pursue summer jobs or volunteer opportunities related to your interests. Develop a good work ethic!

- 5. Develop good study practices and keep your grades up. Employers want candidates with high academic achievements.
- 6. Attend relevant Career Services workshops such as:
  - Myers-Briggs Type Indicator (MBTI)
    - Strong Interest Inventory
    - Knowledge, Skills, and Abilities
    - Work Values