## Discovery

## Sophomore Year:

- Set up an appointment with a career counselor to discuss connections between your major and the world of work. Begin to develop your resumé.
- □ If you are having difficulty deciding on a major, register for the Career Exploration class offered at GSU.
- □ Assess your interests, skills, and values. Several self-assessment tools are available.
- □ Volunteer, work on-campus, or become involved in student organizations that will contribute to your hands-on experience.
- □ Join professional associations related to your intended career field.
- □ Consider attending internship/career fairs to begin networking with employers and exploring potential internship options.
- □ Conduct informational interviews with those in careers of interest.
- □ Research career resources including:
  - Kuder Journey
  - What Can I Do With This Major?
  - Occupational Outlook Handbook
  - O\*NET
  - Career Insider/Vault

