



Explore the Possibilities

Governors State University
2015 Transfer & Graduate
Orientation





Dear Student,

Welcome to Governors State University. You have already distinguished yourself as someone who is ready for success and good luck. You are smart enough to see the special opportunities waiting for you as you continue your education at GSU.

- You will make life-long friends, as you participate in group projects, clubs and campus organizations.
- You will be inspired as you study with dedicated faculty — leaders in their field.
- You will see the world in new ways, as you discover and create Big Ideas.

Remember that a full college experience means more than just taking classes. Make a resolution to try something new this year: audition for a play, join a team, lead a club, understand what it means to live in the midst of art, take Metra to Millennium Park — the possibilities are endless.

Be proud to be a Jaguar. Cheer on our teams. But also think about what it means to be part of Jaguar Nation. Jaguars are resilient, and so are you. Studies have shown that resilience — the ability to deal with stress and bounce back — is the essential attribute of college success. GSU is set up to help you manage the stress you will inevitably encounter. We are committed to help you balance your course schedule with employment opportunities, family commitments, and time for relaxation. Strong people ask for help when needed. Just ask.



GOVERNORS STATE
JAGUARS

I hope to meet each one of you during this academic year in your classes, at Prairie Place, at campus activities, and in the bleachers at athletic events. Have a remarkably successful year.

And Go Jaguars!

Warm regards,

Elaine P. Maimon, Ph.D.
President, Governors State University

Schedule at a Glance

Noon - 1 p.m.	Student and Guest Check-in	
Noon - 1 p.m.	Resource Fair Campus Tours / Prairie Place Tours	
1:15 p.m.	Transfer Student Welcome from President Maimon Transfer Remarks from Dean Valente Introduction of Transfer Student Orientation Leaders	Sherman Hall
	Graduate Student Welcome from Provost Bordelon Graduate Remarks from Darcie Campos Introduction of Graduate Student Orientation Leaders	Engbretson Hall
1:30 p.m.	Transfer Student Breakout Sessions with Orientation Leaders Graduate Student Breakout Sessions with Graduate Professional Network	
2:30 p.m.	Concurrent Session 1	
3 p.m.	Concurrent Session 2	
3:30 p.m.	Major/Program Information Sessions with Academic Advisors	



Concurrent Sessions

Location	Concurrent Session 1 (2:30 p.m.)	Concurrent Session 2 (3 p.m.)
D34160	Veterans Resource Center	Veterans Resource Center
D2442	Navigating Your Library's Website	Navigating Your Library's Website
D34165	Release the Leader in You	Release the Leader in You
D34093	Can Do	Can Do
D34115	Writing Tips for Graduate School and Graduate Research	Writing Tips for Graduate School and Graduate Research
D34012	Transfer Success Panel with Orientation Leaders	Transfer Success Panel with Orientation Leaders
D34011	Blackboard	Blackboard
D34104	Career Services – <i>How to Find Campus Employment</i>	Career Services – <i>How to Find Campus Employment</i>
C3345	Your Health/Wellness-Meditation Session	Your Health/Wellness-Meditation Session
D34180	Information Technology Services <i>Microsoft Office Web Apps and SkyDrive</i>	Information Technology Services <i>Microsoft Office Web Apps and SkyDrive</i>
C3331	Financial Aid <i>Learning the GSU System</i>	Financial Aid <i>Learning the GSU System</i>
D34090	Prairie Place — GSU's First On Campus Housing	Prairie Place

Concurrent Sessions

Blackboard

The Center for Online Teaching and Learning provides a face to face workshop to assist students with Blackboard questions and concerns.

Can Do

Sometimes having that “can do” attitude can be difficult, especially if you are feeling anxious about a project. Learn how and when to address anxiety, the importance of attitude and motivational incentives.

Career Services: How to Find Campus Employment

On-campus student employment is a great opportunity to gain professional experience while making connections in a part-time paid position. Employment is available in multiple departments and in a variety of roles. Come to this session to learn about different types of employment, how to apply and follow up on an application, as well as explore other ideas for gaining experience during one’s education.

Financial Aid: Learning the GSU System

Attend one of two presentations on how to apply for federal, state and institutional financial aid. Topics discussed include: when and how to apply, what you might be eligible to receive, exploring all your options and borrowing responsibly.

Information Technology Services: Microsoft Office Web Apps and SkyDrive

Did you know that you have free access to the web version of MS Word, Excel, Power Point and One Note through your GSU student email account? Did you know that your email account includes 7GB of storage for your documents and files? This demo will introduce you to the web applications of Office 365 and your SkyDrive.

Navigating Your Library’s Website

This session provides an overview of online library resources. Topics include selecting appropriate databases, using the I-Share catalog, searching tips and strategies, and time for Q&A.

Prairie Place — GSU’s First on Campus Housing

Prairie Place is the first on-campus residential community on the GSU campus. The complex is open to enrolled graduate and undergraduate students and consists of fully furnished apartments and suites. Learn more about the benefits of living on campus and what Prairie Place has to offer you.

Release the Leader in YOU!

This workshop will discuss opportunities to get engaged in the university from joining a club to student governance. Come to this workshop to receive all the trade secrets to enhancing the educational experience and releasing the leader in YOU!

Transfer Success Panel with Orientation Leaders

We’re sure you have more questions. Here’s your chance to ask current students about their experiences and make connections with your peers.

Veterans Resource Center

Meet in Hall of Governors near the Academic Resource Center to be escorted to the session location. Meet other veterans on campus. Introduce yourself to the Coordinator of Veteran Services. Visit the Veteran Resource Center and learn where you can go on campus to enjoy a quiet spot you can call your own.

Writing Tips for APA Research Papers

Join us so you will be prepared for writing. This workshop will discuss how to begin a research paper and how to conquer APA documentation style. This workshop will also inform you of the resources and services offered by the GSU Writing Center.

Your Health/Wellness: Meditation session

Mindfulness has been shown to be very helpful in reducing stress, increasing concentration skills and improving emotional regulation. Daily meditation is the exercise that strengthens mindfulness. Come to this session and learn how to meditate and begin an ongoing meditation practice.

For your convenience, Follett’s GSU Bookstore and the GSU Cafe will be staffed during new student orientation. Feel free to visit and see what they have to offer.



Spring 2015 Welcome Week

Events are free to GSU students with I.D.

Tuesday, January 20

- **Jaguar Welcome Café** – Noon to 6 p.m., Hall of Governors. Student leadership meet-and-greet. Enjoy a beverage and conversation with fellow students and learn more about student leadership opportunities and student senate, GSU Program Council, the Phoenix and the Community Service Council. Noon to 6 p.m., Hall of Governors.
- **The Student Life Pantry Spring Opening** – Noon to 5 p.m., Student Commons. The Food Pantry services any member of the GSU community in immediate need. Students or staff members interested in volunteering should email the Center for Civic Engagement and Community Service at tpalmer@govst.edu.
- **Secretary of State Mobile Station** – Noon to 7 p.m., Hall of Governors

Wednesday, January 21

- **Student Club Resource County Fair and Pace Campus Connection** – Noon to 6 p.m., Hall of Governors. Join a GSU student organization, or get information on how to start your own club. The Pace Campus Connection will provide city transit information for students.

Thursday, January 22

- **Alternative Spring Break** information session – 3:30 p.m., room A2110. Participate in the nationwide movement that involves college students serving their communities. The Center for Civic Engagement and Community Service will take 10 GSU students to San Diego, CA for a week full of service projects, civic engagement and networking fun. Learn more about this amazing program. For more information, email tpalmer@govst.edu.

- **Campus Crawl** – Join this campus wide virtual scavenger hunt. Get familiar with GSU academic departments, student service areas; everyone who participates will win GSU swag and be entered into the drawing for tickets to a Chicago Bulls game.
- **Women's Basketball Game** – 6 p.m., GSU Gymnasium. Cheer on the Jaguars as they compete against Judson University. Spring events are free for GSU students with current myONECARD.

Monday, January 26

- **MLK Commemorative Program** – The GSU community celebrates the life and legacy of Dr. Martin Luther King Jr. The program will include inspirational messages of hope and change, uplifting performances and presentations. The program is sponsored by Student Life and Intercultural Affairs. For more information, email rclay@govst.edu.

Thursday, January 29

- **Open Mic Night** – 6 p.m. to 7:30 p.m., GSU Café Annex. We will transform the GSU Café Annex into a hip underground coffee house. Enjoy original poetry, singing, and spoken word by GSU students and special guests. Anyone can preregister by emailing ddent@govst.edu or sign up on site.



What's New @ GSU?

On Campus Housing

GSU now has on campus housing for students of all class levels – first year through graduate students. Enjoy the convenience of living on campus in fully furnished apartments or suites with all utilities, cable TV service and Internet service included in the cost of housing. You will be close to all of the services and programs offered at GSU. The third floor of Prairie Place houses our graduate students and transfer students over 21 years of age.

Prairie Place has a laundry room, vending machines and a convenience store in the building. There are lounges for studying or socializing and community kitchens on every floor. A shuttle service provides transportation to academic buildings and the Metra.

You can choose an academic year (fall & spring semesters) or 12 month contract. As a spring semester housing applicant, you will be billed ONLY for the remaining balance of the contract you select.

Declining Balance Meal Plan

Sign up for a convenient & flexible meal plan that will ensure you have monies specifically available for food and beverage purchases on the GSU campus

Students can choose one of three priced plans:

- \$500/semester
- \$1000/semester
- \$1500/semester

GSU EAT Well ON CAMPUS App

Convenience is now at your fingertips. No longer do you have to wait in line for your latte, pizza or burger – you can pre order all these and more and have them waiting for you, hot and ready, at the GSU Café.

With the **EAT Well ON CAMPUS** app, users can place orders for pizza or something from the grill or Starbucks station. Use your myONECARD to pay, then come to the Café and show the dining staff the order confirmation/receipt number on your smart phone to pick up your food and beverage order.

For more information, go to: www.govst.edu/EatWellonCampus

GSU myONECARD

It's here! The one-stop-one-ID that gives you all you need at GSU in one handy card. Work out at the recreation and fitness center, check out some books from the library, buy a Jaguars sweatshirt at the Bookstore, purchase lunch at the Café or print a paper in the CUBE. For more information about the myONECARD go to:

www.govst.edu/myonecard



Make Your Orientation Day a Success

Please keep this information for reference.
These resources will be very useful in your success at Governors State University.

My GSU Email Address _____@student.govst.edu

My Academic Advisor _____

Phone _____ Email _____ Room _____

Orientation leaders and other students I would like to keep in contact with later

Name _____ Email _____

Name _____ Email _____

Name _____ Email _____

Name _____ Email _____

Things I am interested in getting involved in at GSU

1. _____

2. _____

3. _____

Questions I should ask before I leave Orientation

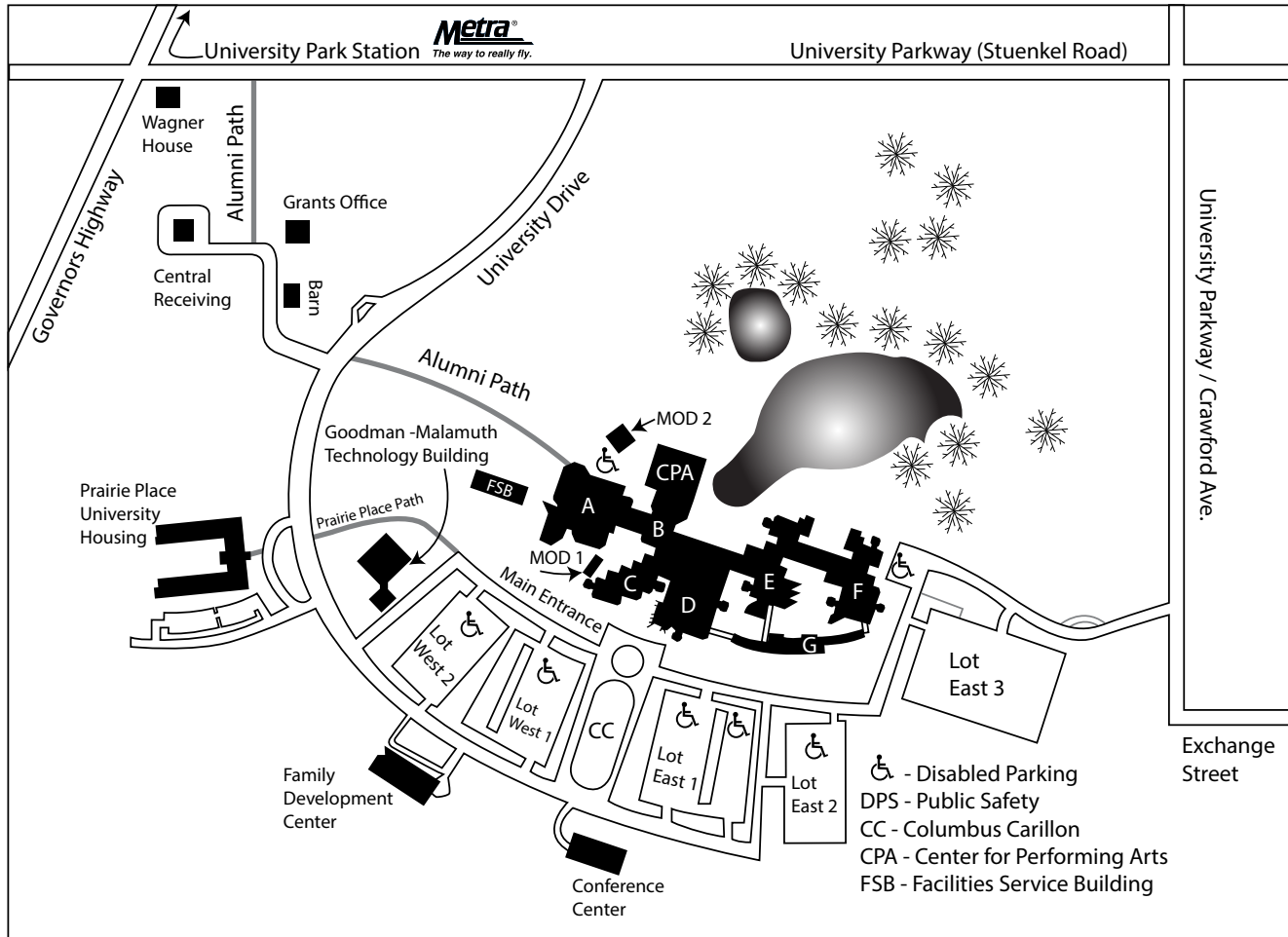
1. _____

2. _____

3. _____

Notes

Campus Map



A Building

Room	Number
Career Services	A1120 708.235.3974
Dean of Students	A2134 708.235.7595
Fitness Center/Gymnasium	A1106 708.235.7662
Student Clubs and Organizations	A2100 708.235.7653
Student Commons	A2140
Student Life	A2100 708.235.7653
Veterans Resource Center	A2109 708.235.2223

B Building

Academic Resource Center	B1215 708.534.4090
Center for Performing Arts	1st Floor 708.235.2222
Disability Services	B1215 708.235.3968
Engbretson Hall	B1200

C Building

Auxiliary Services and University Housing	C1330 708.235.7110
Cashier	C1336 708.534.4055
DPS/Campus Police	C1375 708.534.4900
Human Resources	C1360 708.534.4100
International Services	C3370 708.235.7611
Registrar's Office	C1300 708.534.4500
Writing Center	B1215 708.235.7337

D Building

Computer Connections Central (The Cube)	D2430	708.534.5000 x 5370
Admissions	D1400	708.534.4490
Bookstore	D1493	708.534.4558
Financial Aid	D1413	708.534.4480
Hall of Governors	1st Floor	
Hall of Honors	D1490	
Library	D2400	708.534.4112
Welcome Center	D1400	708.534.4363

E Building

Art Gallery	E1580	708.534.4021
College of Arts & Sciences		
Dean's Office	E2575	708.534.4101
E-Lounge	E1571	
Sherman Recital Hall	E1530	

F Building

G Building

College of Education		
Dean's Office	G256	708.534.4050
College of Business & Public Administration		
Dean's Office	G263	708.534.4930
College of Health & Human Services		
Dean's Office	G156	708.534.4388