

Welcome to New Student Orientation.

Whether you're a transfer student new to the GSU community or you're a graduate student returning to continue your academic journey, this orientation is designed with you in mind. Please use this valuable time to take in all the information you can and enjoy your introduction to GSU. We look forward to getting to know you and hope we can enrich your life as much as you will, no doubt, enrich our campus.

Now that you've joined us for orientation, here are a few things to keep in mind as you approach your first semester at GSU.

- Participate fully in Orientation sessions and program
- Submit immunization records to Academic Resource Center (Room B1215) by September 4, 2015
- Pick up your myONECARD from the Welcome Center
- Consider living in Prairie Place. (Congratulations if you have already submitted your contract)
- Purchase a dining plan (http://www.govst.edu/dining/)
- Check your financial aid status through your myGSU Portal
 - Complete entrance counseling (www.studentloans.gov)
 - Complete your Master Promissory Note (www.studentloans.gov)
- Set up a tuition payment plan (www.govst.edu/cashier)
- Check the GSU foundation webpage for any scholarships you may qualify for.
- Check your class schedule and speak to your advisor about making any changes
- Purchase or rent your text books (www.govst.edu/bookstore)
- Get involved! (www.govst.edu/GSUjaguars), (www.govst.edu/studentlife)

Getting Social with Your Media

Share your experiences through Social Media. Social Networking is a great way for people to communicate, share photos, memories, and stories with their friends, family members. and the GSU community.

For our Orientation sessions this summer, we are using the hashtags **#new2gsu** and **#govst2015** to connect everyone to the GSU social scene.

Like a presentation? Tweet about it! Talk about it on your Facebook! Take a photo with new friends? Put it up on Instagram! Just use those hashtags for your posts, and maybe you'll see your Orientation experience streaming live on the monitors around campus.



Dear Student,

Welcome to Governors State University. You have already distinguished yourself as someone who is ready for success and good luck. You are smart enough to see the special opportunities waiting for you as you continue your education at GSU.

- You will make life-long friends, as you participate in group projects, clubs and campus organizations.
- You will be inspired as you study with dedicated faculty leaders in their field.
- You will see the world in new ways, as you discover and create Big Ideas.

Remember that a full college experience means more than just taking classes. Make a resolution to try something new this year: audition for a play, join a team, lead a club, understand what it means to live in the midst of art, take Metra to Millennium Park — the possibilities are endless.

Be proud to be a Jaguar. Cheer on our teams. But also think about what it means to be part of Jaguar Nation. Jaguars are resilient, and so are you. Studies have shown that resilience — the ability to deal with stress and bounce back — is the essential attribute of college success. GSU is set up to help you manage the stress you will inevitably encounter. We are committed to help you balance your course schedule with employment opportunities, family commitments, and time for relaxation. Strong people ask for help when needed. Just ask.



I hope to meet each one of you during this academic year in your classes, at Prairie Place, at campus activities, and in the bleachers at athletic events. Have a remarkably successful year.

And Go Jaguars!

Warm regards,

Elaine P. Maimon, Ph.D.

President, Governors State University

Elaine P. Mainon

Schedule at a Glance

Noon - 1 p.m. Student and Guest Check-in

Noon - 1 p.m. Resource Fair

Campus Tours / Prairie Place Tours

1:15 p.m. Welcome from President Maimon Sherman Hall

Remarks from Provost Bordelon Remarks from Dean Valente

Introduction of Orientation Leaders

1:30 p.m. Graduate Student Breakout Sessions with Sherman Hall

Graduate Professional Network Remarks from Dean Cada

Transfer Student Breakout Sessions with Various Locations

Orientation Leaders

2:30 p.m. Concurrent Session 1 Various Locations

3 p.m. Concurrent Session 2 Various Locations

3:30 p.m. Major/Program Information Sessions Various Locations

with Academic Advisors

Concurrent Sessions

Location	Concurrent Session 1 (2:30 p.m.)	Concurrent Session 2 (3:00 p.m.)		
D34050	Blackboard	Blackboard		
C3330	Can Do	Can Do		
D34104	Career Services	Career Services		
	How to Find Campus Employment	How to Find Campus Employment		
D34170	Financial Aid	Financial Aid		
	Learning the GSU System	Learning the GSU System		
D34090	Information Technology Services	Information Technology Services		
	Microsoft Office Web Apps and OneDrive	Microsoft Office Web Apps and OneDrive		
D2240B	Navigating Your Library's Website	Navigating Your Library's Website		
D340150	Prairie Place	Prairie Place		
	GSU's First On Campus Housing	GSU's First On Campus Housing		
D34165	Release the Leader in You	Release the Leader in You		
C3331	Study Abroad	Study Abroad		
D34012	Transfer Success Panel with	Transfer Success Panel with		
	Transfer Transition Leaders	Transfer Transition Leaders		
Hall of Governor	s Veterans Resource Center	Veterans Resource Center		
D34115	Writing Tips for Graduate School	Writing Tips for Graduate School		
D34110	Your Health/Wellness Meditation Session	Your Health/Wellness Meditation Session		





Concurrent Sessions

Blackboard

The Center for Online Teaching and Learning provides a face to face workshop to assist students with Blackboard questions and concerns.

Can Do

Sometimes having that "can do" attitude can be difficult, especially if you are feeling anxious about a project. Learn how and when to address anxiety, the importance of attitude and motivational incentives.

Career Services: How to Find Campus Employment

On-campus student employment is a great opportunity to gain professional experience while making connections in a part-time paid position. Employment is available in multiple departments and in a variety of roles. Come to this session to learn about different types of employment, how to apply and follow up on an application, as well as explore other ideas for gaining experience during one's education.

Financial Aid: Learning the GSU System

Attend one of two presentations on how to apply for federal, state and institutional financial aid. Topics discussed include: when and how to apply, what you might be eligible to receive, exploring all your options and borrowing responsibly.

Information Technology Services: Microsoft Office Web Apps and SkyDrive

Did you know that you have free access to the web version of MS Word, Excel, Power Point and One Note through your GSU student email account? Did you know that your email account includes 7GB of storage for your documents and files? This demo will introduce you to the web applications of Office 365 and your OneDrive.

Navigating Your Library's Website

This session introduces the GSU Library website and online library resources. Topics include selecting databases and using the I-Share catalog.

Prairie Place — GSU's First on Campus Housing

Prairie Place is the first on-campus residential community on the GSU campus. The complex is open to enrolled graduate and undergraduate students and consists of fully furnished apartments and suites. Learn more about the benefits of living on campus and what Prairie Place has to offer you.

For your convenience, Follett's GSU Bookstore and the GSU Cafe will be staffed during new student orientation.

Feel free to visit and see what they have to offer.

Release the Leader in YOU!

This workshop will discuss opportunities to get engaged in the university from joining a club to student governance. Come to this workshop to receive all the trade secrets to enhancing the educational experience and releasing the leader in YOU!

Study Abroad

Study abroad is for everyone...even you! Where does one start when it comes to study abroad? Amy Schoenberg, Study Abroad Coordinator for the GSU Office of International Services, will talk about the tools students should use to explore their options when considering studying abroad opportunities. There will be information on financial aid options, study abroad programs, locations to travel to, questions to consider, and the next steps for YOU.

Transfer Success Panel with Orientation Leaders

We're sure you have more questions. Here's your chance to ask current students about their experiences and make connections with your peers.

Veterans Resource Center

Meet in Hall of Governors near the Academic Resource Center to be escorted to the session location. Meet other veterans on campus. Introduce yourself to the Coordinator of Veteran Services. Visit the Veteran Resource Center and learn where you can go on campus to enjoy a quiet spot you can call your own.

Writing Tips for Graduate School

Be prepared for writing. This workshop will discuss how to begin a research paper and how to conquer APA documentation style. (Almost all graduate programs at GSU require the use of APA style. If you don't know what it is, you really need to come to this workshop!) This workshop will inform you of the resources and services offered by the GSU Writing Center including the a website that provides almost everything you need to know about APA; an online writing center where you can e-mail your paper to us and get revision suggestions back; in depth, one-on-one sessions with a writing consultant; research paper workshops; and a writing consultant in the library to answer your questions.

Your Health/Wellness: Meditation session

Mindfulness has been shown to be very helpful in reducing stress, increasing concentration skills and improving emotional regulation. Daily meditation is the exercise that strengthens mindfulness. Come to this session and learn how to meditate and begin an ongoing meditation practice.

myGSU Student Portal



Your first action as a GSU student is to get acquainted with the GSU Portal and access your GSU email account.

Your GSU Portal

Log into your myGSU portal (https://mygsu.govst.edu) with the user name and password found in your letter of admission.

Check out all the other great self-service options available on your Portal. Under the menu titled "Online Services," click on "Students." Here you will find information about your student account, financial aid, registration and your academic record. Tutorials for all Online Services options are found in the drop down menu titled "How do I...?" located in the top middle section of your myGSU Portal.

In the student portal, you will find information that will help make your student experience at GSU more convenient, including campus news updates, events and announcements. You can register for classes through the myGSU portal. New freshman students should note that all registration, including adding and dropping courses, must be done in collaboration with your academic advisor.

Your GSU Email

Your GSU student email is your line of communication with GSU. The university community, from your professors and advisors to student clubs and other students, will communicate with you through your GSU student email. You can access your student email account through myGSU portal.

Log into your myGSU portal (https://mygsu.govst.edu) with the user name and password found in your letter of admission. On the portal, find the drop down menu titled "How do I...?" In this menu, select the option for "Set up my email account" and follow the prompts. Check your GSU email three to five times per week to make sure you don't miss important requests and announcements from the university. You can also forward your student email account to another email account. Instructions are found under the gear icon in the upper-right hand corner of the myGSU Portal. Select "Options," select "Forward your email" and follow the prompts.

Blackboard

Blackboard is the classroom support technology used by GSU faculty. Blackboard may be used by your professors for assignments, discussions or to share information with you. Blackboard and the myGSU Portal are different resources. These differences will be discussed at orientation.

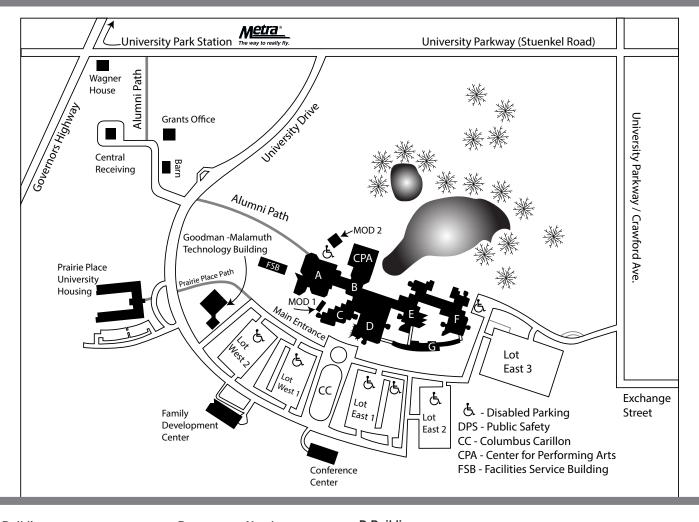


Make Your Orientation Day a Success

Please keep this information for reference. These resources will be very useful in your success at Governors State University.

@student.govst.edu		
Room		
ep in contact with later		
Email		
	Room ep in contact with later Email Email Email Email	

Campus Map



A Building	Room	Number	D Building		
Career Services	A1120	708.235.3974	Computer Connections Central	D2430	708.534.5000
Dean of Students	A2134	708.235.7595	(The Cube)		x 5370
Fitness Center/Gymnasium	A1106	708.235.7662	Admissions	D1400	708.534.4490
Student Clubs and Organizations	A2100	708.235.7653	Bookstore	D1493	708.534.4558
Student Commons	A2140		Financial Aid	D1413	708.534.4480
Student Life	A2100	708.235.7653	Hall of Governors	1st Floor	
Veterans Resource Center	A2109	708.235.2223	Hall of Honors	D1490	
			Library	D2400	708.534.4112
B Building			Welcome Center	D1400	708.534.4363
Academic Resource Center	B1215	708.534.4090			
Center for Performing Arts	1st Floor	708.235.2222	E Building		
Disability Services	B1215	708.235.3968	Art Gallery	E1580	708.534.4021
Engbretson Hall	B1200		College of Arts & Sciences		
			Dean's Office	E2575	708.534.4101
C Building			E-Lounge	E1571	
Auxiliary Services and			Sherman Recital Hall	E1530	
University Housing	C1330	708.235.7110			
Cashier	C1336	708.534.4055	F Building		
DPS/Campus Police	C1375	708.534.4900			
Human Resources	C1360	708.534.4100	G Building		
International Services	C3370	708.235.7611	College of Education		
Registrar's Office	C1300	708.534.4500	Dean's Office	G256	708.534.4050
Writing Center	B1215	708.235.7337	College of Business &		
			Public Administration		
			Dean's Office	G263	708.534.4930
			College of Health &		
			Human Services		
			Dean's Office	G156	708.534.4388