Depression & Suicide Workshop: Depression: Living in a Black Hole

What can be done to diminish this growing problem among adolescents?

Accept the challenge of providing resources within your organization for those at risk for suicide.



June 5 2014 1-4 p.m. **Room: F1622 Governors State University**

Presenters: Darlene Wright, Ph.D. licensed clinical psychologist and tenured professor at GSU.

Crystal Harris Blount, Ph.D., lecturer in the GSU Division of Psychology and Counseling

According to the National Institute of Mental Health, clinical depression affects 15 million Americans every year, and approximately 25% of U.S. high school students seriously consider suicide each year. This is a unique opportunity for local mental health providers to increase their awareness of this growing epidemic and to discuss its prevalence in our community.

Participants will learn the signs, symptoms and risk factors for major depression and suicide as well as a gain a framework for understanding the cultural elements that influence these factors. Specific cases with diverse clients involving assessment and treatment issues with depression will be presented.

Registration Information:

\$25 for non GSU attendees/professionals. Please use for registration: CE-MH06-01 Free for GSU Faculty, Staff and Students. Please use for registration: CE-MH06-02

Professional Development Credit Hours: 3.0 CDPUs, 3.0 CEUs (Social Work, Counseling, Mental Health, Education and Occupational Therapy)

Visit www.govst.edu/oce/depression or 708.534.4099 for purchase orders and more information.

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