Assessment and Intervention Checklist

1. Gathering intake information to provide opportunities for coming out and being genuine
   - Are you in a committed relationship with a man or woman and for how long?
   - LGBT affirmative literature on display in counselor’s office

2. Taking a family history that is inclusive of alternative families and other critical social networks; determining how ostracized one may be within the family unit for being LGBT
   - Is your family supportive of you?
   - Who do you consider as part of your “family” network (explore alternative families)?

3. Taking a psych and treatment history that acknowledges when clients have been psychopathologized for being LGBT and/or subsequently mistreated in previous treatment
   - Were you ever pushed into therapy or treatment because you were LGBT?
   - How LGBT affirmative or insensitive were your former treatment experiences/last counselor?

4. Exploring sexuality in a supportive, non-confrontive manner
   - How would you describe your romantic and/or sexual orientation?