

# McLean County Recovery-Oriented Systems of Care (ROSC) Council Meeting Minutes

*November 21, 2023*

**Date:** Tuesday, November 21, 2023

**Time:** 3:30 – 4:30 pm

**11/17 Meeting Recording:** [https://youtu.be/6Llp0\\_gbAwA](https://youtu.be/6Llp0_gbAwA)

**Location:** Zoom only [https://youtu.be/etPUTmp\\_h5U](https://youtu.be/etPUTmp_h5U)

## **Attendees:**

Kari Knapp (Chestnut Health, McLean/L-M/Ford/Livingston ROSCs)  
Cat Hays (Chestnut Health, McLean ROSC)  
Barb Brumleve (Chestnut Health, McLean ROSC)  
Michael Smith (Oxford House Inc.)  
Andrea Kindseth (LIFE Center for Independent Living)  
Erika Hahn (Omni Youth)  
Sandy Beecher (Gateway Foundation)  
Dameca Kirkwood  
Nolan Recker (Center for Community Engagement, CCE)  
Michelle Cope (Bloomington Public Library)  
Emily Hartley (Brightpoint)  
Tim Cain  
MaResa (McLean CASA)  
Allen Reid (PLE)  
Nolan Recker (Chestnut CCE)  
Anonymous (PLE)  
Kami Garrison

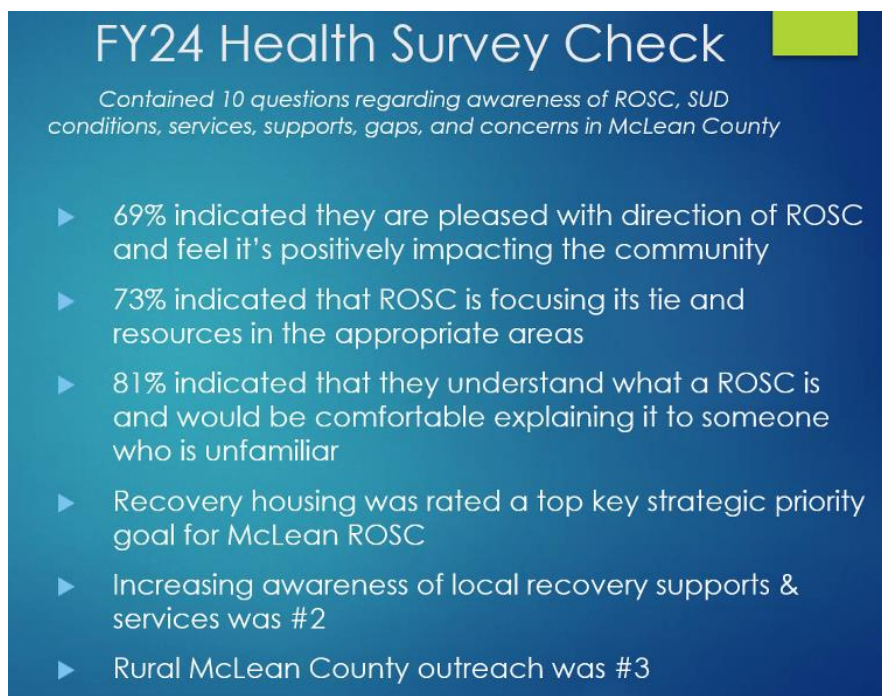
## **Agenda:**

- Introductions and Opening Remarks
- Review November Deliverables
  - Communication Outreach
  - Asset Mapping
  - Gap Analysis & more
- Latest News from ROSC
- Agency Updates
- Housekeeping & Next Steps

**Recording:** If you were unable to attend today's meeting (11/21/23), [please check it out here on YouTube!](#)

### Discussion:

- Today's meeting started with introductions and as an ice breaker participants were asked to provide either agency updates or simply, 'what are you grateful for'?
  - Gateway Ribbon Cutting ceremony coming up for new Gateway facility in McLean County (OP and PHP, MAT services) (contact Sandra Beecher)
  - Contact Emily Hartley for Daycare services
  - Life Center for Independent Living: Closed over Thanksgiving holiday; agency is looking to hire a 30-hour position in Pontiac. (Andrea Kindseth)
  - Bloomington Library: A lot of childrens programs coming up (stuffed animal sleepover), craft projects for adults; closed Thurs and Fri, as well as Mon-Tues for construction. Open back up at 5pm on Tuesday. (Michelle Cope)
  - Next Thursday Erika Hahn (Omni Youth) will be presenting at a conference in Tinley Park next week about MH/SUD Risk Factors (IL Dance Conference?)
  - New Oxford House opened up in Champaign; it has 9 beds and is already nearly full.
- **FY24 Health Survey Check:** Barb walked the team through the first part of the agenda. Over the previous month the ROSC team asked council members to fill out a brief online survey to assess the overall 'health' and direction of the ROSC, as viewed by council members and people with lived experiences. Based on the data received we were able to make the following conclusions:



- **Gap Analysis:** Cat was next to walk the council through the Gap Analysis, which is a new state deliverable required from the ROSC. These gaps stem from the original Community Needs Assessment done back in 2019 and accounts for updates and changes to strategies and objectives along the way. The following screenshot outlines the primary gaps that have been identified by surveys, breakout groups, council Slido voting, and more.

Key Focus Area	Key Notable Gaps
Youth (21 & Under)	Demand outpaces the ability to provide services
Access to Medical Services & Medical Management	A need for multiple strategies and solutions to address the lack of access to psychiatric services; medical staff shortage
Justice Involved	Underutilization of problem-solving courts as a means of diversion from justice system
Crisis	Lack of crisis facilities for youth under 18, timely referrals, crisis and mental health equivalent training for first responders, awareness of local services
Housing	Access to clean/safe housing on a transitional/temporary, seasonal, or permanent basis; affordable housing; availability of supportive housing
Support Groups	Development of new and diverse recovery/support group meetings
Rural McLean Co. Outreach	Identified need to expand services and supports to communities around Bloomington-Normal



- **Asset Map:** Kari talked about the Asset Map, which is a large flowchart-type diagram (a little too unwieldy to share via Zoom. The QR code below will take you to the document, which is published out on the McLean County Virtual Resource Page (Jotform)...along with all the other deliverables reviewed last month and today.



- **Communication & Outreach Plan:** Please feel free to check out these documents through the QR codes (also a little too large to review 'live' with a large group). Please provide feedback to the team or ask questions. The Communication **Plan** outlines how ROSC will communicate its values, missions, and other related activities. The **Outreach Plan** is an overview of how ROSC is working towards engaging the McLean County community to address strategic plan goals and priorities.



(Left: Outreach Plan)

- **Updates to SWOT Analysis:** Cat shared new updates to the SWOT (i.e. Strengths, Weaknesses, Opportunities, New Threats) Analysis from the original Strategic Plan. The following represents New Strengths identified in planning sessions and council meetings: Behavioral Health Urgent Care, Recovery Community Center (A New Horizon), McLean ROSC Virtual Resource App & Sober Social Guide (SSG), Problem Solving Courts Collaboration, Increased Community Trainings and Outreach. New Weaknesses included public housing barriers, need for crisis intervention trainings, no universal mental health screening across justice system, lack of adequate recovery supports for underserved populations (e.g. veterans, young adults, elder, immigrant communities, etc).

New Strengths	New Weaknesses	New Opportunities	New Threats
Behavioral Health Urgent Care	No universal mental health screening across justice system	Targeted outreach	Wait time to get established with psychiatric or counseling provider
A New Horizon: Recovery Community Center	Need for crisis intervention trainings	More in-person sober social events	Reduction in number of health service providers
McLean ROSC Virtual Resource App (Jotform) & Sober Social Guide	Public housing barriers	Creation & distribution of ROSC literature in the community	Under utilization of Crisis Care Continuum due to lack of awareness and understanding
Problem Solving Courts Collaboration	Lack of adequate recovery supports for underserved populations: veterans, young adults, older adults, immigrant communities, etc.	Partnership & collaboration with A New Horizon RCC	 Home Page → Community Resources → FY24 Strategic Plan
Increased community trainings and outreach		Talent assessments for Council members & utilizing	

- Safe and Affordable Housing: Find ways to push the needle towards change; it is a large scope item and we may not have resources to do everything we want but there are things we can identify to make a difference here.
- Rural Outreach: We are learning more about our rural communities and hope to be more intentional with our outreach efforts over the next year.
- Continue Sober Recreation activities and utilize partnerships to do so (more services, more options, more benefits).
- Increase Adolescent Services: Exploratory research to figure out what is needed and where we can make dent or increase supports.

- General Recovery and Mental Health Supports: Partnership with McLean County RISE (trauma-informed initiative, trainings).
- **ROSC Council Topics**: Please let us know if you have any topics that you feel should be covered.

#### Other Updates:

- **If you Need Narcan**: Please contact Randi Derrig for Narcan.



McLean County  
Narcan

- ▶ If interested in receiving free Narcan in McLean County, please contact Randi Derrig
  - ▶ [rwderig@chestnut.org](mailto:rwderig@chestnut.org)
- ▶ If interested in receiving a free Narcan training, please email
  - ▶ [SR-NARCAN@chestnut.org](mailto:SR-NARCAN@chestnut.org)



- **ROSC Intro “101” Binders**: Kari discussed plans and work already underway to create “ROSC 101” Orientation/Intro Binders for new council members or prospective volunteers interested in joining. It will utilize feedback from last month’s meeting and will include a “Finding Your Strengths” worksheet to help the council identify the various strengths and areas for development among the ROSC Council. This will enable us to hopefully match talents with future initiatives.
- **Event-Planning Committee** is meeting bi-weekly at 11am on Tuesdays (contact team if interested in joining) to discuss plans for Holiday recovery parties/gatherings. Due to the amount of Recovery Month activities and recent state deliverables being due all at once, the team made a decision to bypass the Holiday Party this year, so while there will not be a holiday party, there will be activities around the corner in Jan-Feb to compensate. The committee is always seeking new perspectives and people to help us brainstorm and plan upcoming ROSC events and opportunities.
- **Recovery Film screening** The team wants to screen a recovery-oriented movie as a recreational and educational event in early 2024.
- Will continue with **4<sup>th</sup> Annual Family Night at Grady’s** event next year, likely in June.

#### Other Agency Updates/Upcoming ROSC Events:



- **McLean County Sober Social Guide (SSG):** The McLean ROSC core team is working with a consultant to develop a comprehensive, digital sober social guide (phone link) for a wide variety of recovery-oriented services, leisure and supports. Please scan the QR Code below for a full, updated listing of McLean County Supports (Support Groups, Outdoor Recreation, Arts & Crafts, Volunteering, Games & Family Fun, Recovery Supports & More!



**Next Meeting/Contact Info:**

- Cat provided some Planning Committee updates; the team is currently meeting weekly on Tuesdays at 11am. Several new members have recently joined and we are always thrilled for more new faces. The more people we have, the more ideas and capacity we have to do great things!
  - Join the Planning Committee that meets bi-weekly on Tuesdays to plan and discuss various upcoming ROSC recreational and educational events. Contact [cmhays@gmail.com](mailto:cmhays@gmail.com)
- Please contact Cat ([cmhays@gmail.com](mailto:cmhays@gmail.com)) if you are interested in joining the Events Planning Committee, helping to form any additional sub-committees, updates/events you would like shared on our social media as cross-promotion, or anything else relevant to recovery-oriented services.
- **Next Meeting:** Tuesday, December 19, 2023 at 3:30pm
- Contact Info:
  - a. Kari
    - Kari Knapp, Email: [kmknapp@chestnut.org](mailto:kmknapp@chestnut.org)
    - Cell: 309.391.1802
  - b. Cat Hays & Barb Brumleve
    - Email: [cmhays@chestnut.org](mailto:cmhays@chestnut.org)
    - Cell: 309.665.2067
    - [bdbrumleve@chestnut.org](mailto:bdbrumleve@chestnut.org)