



## MERC Meeting Agenda

9:00 a.m. via Zoom

<https://zoom.us/j/97144229718>

November 16, 2023

### Welcome and Introductions

- Welcome and please introduce yourself, your organization, and the role you play at your agency and new information concerning your agency.

Attendees for November:

- Dan Hutchison- Chestnut ROSC
- Megan Tyler- Sacred Spaces
- Angella Holloway- Chestnut ROSC
- Burdett Rice- St. Clair County Probation
- Deborah Humphrey- Madison County Mental Health Board
- Elizabeth McQuaid- Chestnut OEND
- Elyse Schoen- St. Francis Way Clinic ROSC and RCORP
- Jane Nesbit- St. Clair County Mental Health Board
- JoAnn Guthrie- MERS Goodwill
- Jodi Gardner- St. Clair County Mental Health Board
- Kristy Montgomery- Acadia Health Care
- Mark Knott- Chestnut ROSC
- Naomi Fulton- Chestnut RCORP
- Patika Hackleman- DCFS Division of Rehabilitation Services
- Savanna Welch- St. Francis Way Clinic Maup/Montgom ROSC
- Stephanie Everhart- Chestnut Vocational Services
- Tisha Lancaster- DCFS Clinical Services
- Toni Randall- Chestnut Bond ROSC
- Violette Book- Chestnut OEND

### Old Business

- Drug take back day was a success in local areas
- The Trunk or Treat in Alton was a hit with a ton of kids showing up
- The Health Fair events at Lewis and Clark Community College on OCT 3 and at SIUE on the 4<sup>th</sup> were great opportunities to meet with over 200 people from the community showing up to engage with on Narcan demonstrations and distribution.

## **New Business**

- Megan Tyler ([mt Tyler@sacredspacesofcare.org](mailto:mt Tyler@sacredspacesofcare.org)) of Sacred Spaces of Care will be sharing information about her organization discussing the population which they serve. More info at [sacredspacesofcare.org](http://sacredspacesofcare.org)
  - Primary focus area is Alton but will help others and make connections to closer resources when possible.
  - Goal is to education and advocate for those experiencing mental health or substance use concerns to make connections to any type of supports that are needed. Does not provide direct services but provides connections to services via a warm hand off.
  - Trauma informed training provided to Alton Police Department
  - TEEN ConnectEd program and work with the Madison County Juvenile Justice Council- United Youth Services
  - Restorative Intervention Support Efforts (RISE) in partnership with the Alton Police Department
- MERC Deliverable Updates: Revisions have been made to the reflect the goals for FY24 to the Strategic Plan, the Community Resource Assessment, and Gap Analysis. A Community Resource and Asset Map has also been developed. Final versions of all documents will be sent to MERC members for review and discussion at upcoming meetings.

## **Announcements and upcoming events**

- Starting December 13<sup>th</sup> 6:00pm at the Edwardsville Library there will be monthly Stigma conversations along with Narcan trainings.
- Weekly Early recovery meeting Tuesdays at 6:30 pm at 144 E Ferguson in Wood River (Amare).
- The next sub-committees meeting will be Jan (date and time to be determined). New members are always welcome.

## **Wellness Moment**

- Mark Knott – Chestnut Health Systems Community Health Specialist III
  - Reminder to take time to reflect and relax/do something positive for ourselves to stay energized and renewed so we can provide the best possible care to others.

## **MERC Upcoming Zoom Meeting**

**December 21, 2023**

### **Metro East Recovery Council (MERC) Vision:**

A community system that nurtures and supports individuals and families seeking or maintaining recovery for themselves or a loved one.

### **Recovery Oriented Systems of Care (ROSC) Mission:**

Collaborating to build and empower communities of recovery.