
Attendees: Leanna Morgan, Karen Cook, Aaron Luth, Jason Pantier, Summer Phillips, Colleen Lehmann, Katie Difanis, Dominik Stallings, Kaycie Sanders, Jenny Galloway, Jason Wallace, Michelle Eaton, Matthew Hales, Tia Schum, Anthony Hooker and Chandra Gray.

Minutes

Updates and Introductions

- Karen Cook, ROSC Supervisor
- Leanna Morgan, ROSC Coordinator
- Dominik Stallings, The Tuscola Journal
 - Joining as media representation for possible article topics
- Katie Difanis, Carle Addiction Recovery Center Community Outreach Worker
 - Networking and Collaboration with community stakeholders
 - Discussions on harm reduction, Stigma reduction
 - Promoting safe disposal- Detera Safe Disposal pouches
 - Currently having meetings to discuss Medication Assisted Treatment (MAT) (Douglas County Jail)
 - Mentioned ECHO- extension for community healthcare outcomes
 - Will provide referral form to council
- Summer Phillips, Community Outreach & SUD Prevention Douglas County Health Dept.
 - Will have a table at the auto center for farm safety day
 - Kidney and diabetes screening coming up, information on DCHD website
 - Beginning opioid overdose training for Douglas County schools, Narcan training will start in Arthur.
 - Medical cannabis and opioid alternative sign ups so far have had 26 enrollments last 60 days
- Colleen Lehmann, Public Health Liaison Douglas County Health Dept.
 - Reported that the school-based health center will be up and running soon.
 - The health department has hired a nurse practitioner.
- Aaron Luth- Lifetime resident of Douglas County and in recovery.
- Jason Pantier, Probation
- Matthew Hales, Newman Public Library
 - Provides technical support and education
 - Mental Health lived experience

- Jason Wallace, North Ward Principal
- Kaycie Sanders, Dial-A-Ride Administrative Director-
 - Transportation is for any and all ages and abilities
 - Transportation out of Douglas County
 - Monday and Friday- Champaign
 - Tuesday- Coles County
 - Wednesday- Decatur
 - Thursday- Coles County
 - 4th driver hired
 - Public service agencies have requested tokens at a discounted rate, Kaycie will provide flyer to Leanna to share with council.
 - Advisory Council meets quarterly, next meeting is November 22nd at 9:30 am at the Douglas County Court House Board Meeting Room
 - Dial-A-Ride bus was in broom corn parade with ROSC advertisement on one side
- Jenny Galloway, OMNI Youth Services Prevention Specialist
 - Works remotely in Champaign area
 - Provides educational materials for youth and students on topics such as Nutrition, Mood, Diet, and more.
 - Tool kit provides;
 - Safe use, storage, and disposal prescription drugs.
 - Opioid identification guide
 - Counterfeit pills guide
 - Provides safe disposal pouches- Detera
- Anthony Hooker, Parkland College
 - Works with adult and returning students to take the next step in higher education
 - Can assist with information on GED through masters, or even a doctorate.
 - Can do presentations at group functions. Has great swag to bring!
- Tia Schum, Piatt County Mental Health
 - Provides case management
 - Currently hold 2 support groups at Piatt County Jail and Bement crossroads church (will provide flyer for council)
 - Trying to start youth support group
- Michelle Eaton
 - Drug take back day
 - Last Saturday in October & April according to DEA flyer
 - Current sites locally include;
 - ✓ Walgreens in Mattoon
 - ✓ Effingham County Sheriff
 - ✓ Sullivan Police Dept
 - ✓ Douglas County Sheriff office year round

- ✓ Needles in sharps or approved containers may be taken to Douglas County Health Department during business hours, No prescriptions
 - Have added 4-5 grade at East Prairie, seeking additional school contacts for 4-5 grade.
- Chandra Gray, Recruiter and Christian Mental Health Coach
 - Has begun a family support group in Arthur, Adult Children of Alcoholics & Dysfunctional Families, meetings are on Tuesday nights at 6:30 at the Arthur South Baptist Church. Uses the ACOA Curriculum, information on adultchildren.org. First meeting was last week, starting slow. Summer and Leanna have begun spreading the word. Chandra is sending PDF and Facebook image to send out to council with minutes. Will email meeting informational flyer to Leanna to send out to committee.
 - Offered to assist with resume services for educational efforts to those in recovery.
- Council members unable to attend that communicated their updates prior to meeting;
 - Lemont Gordon, TASC- Conflicting appointments, TASC is assisting with obtaining additional Fentanyl Testing Kits and information on developing a distribution or host site. Information will be shared with Hour House and Douglas County Health Dept. Leanna will assist with these efforts.
 - Lauren Christina, RISE- Currently undergoing a CARF audit, unable to attend. No updates to report.
 - Darlene Smith was attending a conference. Will update the council at next meeting.

Recovery Navigator

- Referral forms available by request.
- Additional locations identified, some have settings for group education.
- Education request form with topics will be provided prior to educational sessions
- Council suggested additional ideas for group topics.
 - ✓ Resources for subsidized housing
 - ✓ LIHEAP (Low Income Home Energy Assistance Program)
 - ✓ Access to clothing
 - ✓ Dial a ride transportation service information
 - ✓ Enrollment for insurance Medicaid & other
 - ✓ Information on employment agencies
 - ✓ Financial education and budgeting
 - ✓ Food pantry information
 - ✓ Anger management
- Summer mentioned that being more specific will help pinpoint the needs since people may not know what they don't know.
- It was mentioned that a lot of inmates have possession charges. Life skills and recovery gives the opportunity to apply for assistance.

Harm Reduction

- Naloxone (Narcan)
 - Hour House is now a distributor
 - Leanna will begin training on Narcan in community, will partner with Summer to hit areas DCHD is not training in. Will track efforts and remain in communication.
- Fentanyl Test Strips
 - Received from TASC. In discussion with Summer for distribution.
 - Searching for additional resources and possible funding opportunities
- Free needle exchange at DHCD
 - Summer mentioned adding a box outside building for afterhours pickups
 - premade kits with needles and accessories
 - Information about resources, instructions
 - Narcan, Fentanyl Test Strips
 - Property does have a security camera so the box can be monitored.

Outreach and Communication Plan / Strategic Plan

- Member participation
 - Darlene and Leanna have been out in the community identifying locations for educational trainings and meetings.
 - In process of setting up PLE subcommittee. Have reached out to current members and will start community outreach.
 - Have reached out to local support groups and meetings for current and additional information.
- Council has been asked to review previously emailed document. Will begin discussing at each meeting.

Other Business

- No other business was discussed.

Next Meeting: November 16th, 2022 at 10:00 AM (this will be the November & December meeting combined)