

Hour House -Coles County ROSC Council Meeting Minutes March 28th, 2022

Members Present: Michelle Eaton, Karen Cook, Nancy Phillips, Chris Houchens, Kari Knapp, Liesl Wingert, Joe Mounce, Alicia Morecraft

Membership Sharing:

Recovery Navigator Update:

- Hour House is providing Recovery Navigator services. Recovery Navigators provide recovery support services for those in recovery (one on one sessions and group sessions to help individuals on their journey); also called Peer Recovery Support Specialist or Peer Based Recovery Services
- Joe Mounce and Alicia Morecraft (Hour House) Joe provided a quick overview of what RN do (help individuals meet their goals, find employment, assistance and involvement with Drug Court, trainings, etc.)
- Alicia shared that she met with her first client and it went well
- Liesl shared her excitement of having RN's on board

Michelle Eaton: Hour House Prevention

- Progressing through evidence-based curriculums with schools; other treatment provider will be providing My Generation RX to students as they have in previous years
- Drug Take Back Day is upcoming (ROSC can help promote) in April
- Chestnut donating Deterra bags for distribution (100 total)

Problem Gambling Awareness Month Presentation: Taylor Spain was out sick

Continuation of meeting with strategic goals discussion:

Local Recovery Meetings:

- a. Lack of Al-Anon Support
 - i. How can we engagement them in ROSC and how can the ROSC support their efforts?
 - Continue to generate thoughts/ideas around this
 - Karen will reach out to the contacts that she has
 - Conversation on childcare/partnering with local colleges or high schools to help provide this during meetings. Possible library space.

Narcan Training:

- Karen reached out to the Coles Co. Health Department and did not receive a response

- Champaign Urbana Public Health District can offer trainings (Joe Trotter); also, SIU School of Medicine (Liesl); Nancy mentioned that Stacy Welch (Douglas Co. is also trained)
- Try and target bars/restaurants for Narcan training

Community Events:

- Hidden in Plain Sight? Farmers Market? Resources
- Bagelfest (July 19-23); looking at one evening or afternoon
- Farmer's Market in June (Saturday)
- Please let Karen know if you are interested in attending

The next Coles County meeting- April 25th at noon, meeting will be hybrid.