

ARE YOU IN RECOVERY OR SUFFERING  
FROM A SUBSTANCE USE DISORDER?

# IS COVID-19 WREAKING HAVOC ON YOUR LIFE?

DO YOU NEED GUIDANCE? WE CAN HELP.  
**ROSC ADVISORY COUNCIL**  
**(RECOVERY ORIENTED SYSTEM OF CARE)**

Agencies and Persons with Lived Experience  
working together as a team to bring you access to  
what you need: **Food** · Shelter · **Employment** ·  
Substance Abuse and Gambling Treatment · **Mental**  
**Health Treatment** ·

Call 217-258-6018 or email: [ceadiannao@mvcci.net](mailto:ceadiannao@mvcci.net)

A purple rectangular graphic with the word "Recovery" in a large, white, cursive script font. Below it, the words "IS POSSIBLE!" are written in a smaller, white, sans-serif font. The background of the graphic features a faint silhouette of a mountain range.

**Recovery**  
IS POSSIBLE!

## HELP IS AVAILABLE

### Food

DHS-(217) 774-3971

### Shelter

CEFS-(217) 774-4888

### COVID Information

Health Department

(217) 774-9555

Or your personal physician

### Substance Use Disorder Treatment

Hur House

(217) 774-5566

(217) 348-8108 (24hr)

### Mental Health

Community Services

(217) 774-2113 (24hr)

### Domestic Violence

(217)-774-4888 (24hr)

### Suicide Hotline

800-273-8255 (24hr)

