



The Office of Sponsored Programs and Research

ANNUAL REPORT • FISCAL YEAR 2019



YOUR PARTNER IN EXTRAMURAL FUNDING



What an exciting year at GSU! There have been many changes in OSPR during the 2019 fiscal year and we're looking forward to the year ahead. As many in the campus community know, OSPR aims to assist with grant writing resources, securing grant funding and managing ongoing sponsored programs. We hope that you find OSPR to be helpful and that you will continue to engage us as we build and refine our resources to best meet your needs. I wanted to take a moment to introduce the campus to our team of OSPR members.

In late May, I joined OSPR and I am very excited to be at GSU! I have met many colleagues so far and am looking forward to building relationships as we develop a stronger research and compliance environment. Prior to GSU, I was at Valparaiso University as Associate Director of Sponsored Research and also spent time at Kent State University and Purdue University Calumet, primarily in sponsored programs, working with faculty on pre and post award, project development, and compliance. FeMia, our Assistant Director of Sponsored Programs and Research, came to us from DePaul University where she was a grants administrator for 14 years for the Office of Research

Services, working with faculty to submit thousands of proposals to federal, state, and private agencies. She is skilled in proposal and budget development, grant writing, editing, training and project management.

Our team is strengthened by Denise Jones, our resident GSU expert and Grants Specialist. Denise has been at GSU for over twenty years and joined OSPR two years ago. Denise's focus is primarily on post award matters including account setup, reconciliation, and budget revisions. Finally, Anna Bernadska, OSPR's newest member, is Assistant Director of Research Compliance. Her focus includes compliance related areas including IRB and IACUC. Anna provides much needed administrative support to the IRB and will be the lead contact for training and questions related to our Cayuse IRB system. Anna comes with experience of working at Northeastern Illinois University where she was responsible for research compliance within the College of Graduate Studies and at the IRB of the University of Illinois at Chicago.

The past year has been most eventful for the Institutional Review Board. When several of us joined OSPR in the summer of 2019, we began the process of finalizing the IRB membership, identifying a new chair, Giesela Grumbach, and developing training for the entire group. I am happy to note that we have been able to get much done thus far, including developing standard operating procedures meant to clarify the IRB review process.

This annual report is meant to provide a snapshot of the strong faculty and staff sponsored programs and research activities, much of which is focused on providing GSU students with opportunities to excel academically and feel supported at GSU and competitive in the world. We look forward to collaborating with the campus community to find new paths for student support and faculty research in the coming year.

Sincerely,

Rasha Abed

Director, Sponsored Programs and Research

OSPR FEEDBACK AROUND CAMPUS...

As a new member of the faculty writing my first grants, the support and guidance provided by OSPR has been invaluable. When applying for two research grants in fall 2019, OSPR provided insightful comments on my project narrative, patiently answered all my questions, and made sure I had the documents I needed to submit. In spring, on a co-directed proposal for a Department of Education grant, Rasha and FeMia worked closely with us on the budget and gave detailed feedback on our project narrative. Their expertise and knowledge helped us strengthen our argument and clarify confusing points to articulate better how our proposal fulfills the goals of the funding authority. When it came time to finalize and submit the proposal, their efficient organization and calm demeanors made the process stress-free.

Novia Pagone

As I complete my fifth year as a GSU faculty member, I want to highlight my positive experience working with the Office of Sponsored Programs and Research (OSPR). This academic year I submitted two grants (one with a co-PI) and am organizing a mini-grant cycle with the Center for Junior Year. Rasha Abed and FeMia Haynes displayed great professionalism and expertise, particularly with prompt communication, insightful feedback on the proposals and budgets, and guidance in navigating the timeline and submission process. I look forward to working with the OSPR in continuing collaborations.

Jelena Radovic-Fanta

Prior to joining GSU in 2019, I had been working in research institutions for several years with experience working with research compliance offices. Based on my experience at GSU, I have to say I am so impressed by the GSU OSPR! Since 2019, I have submitted two pilot studies, two R03 and one R21 with great assistance from GSU OSPR. I also worked closely with OSPR with IRB submissions for my research projects. I truly enjoyed working with GSU OSPR! OSPR staff are professional, efficient, and passionate. I look forward to continue working with this wonderful crew.

Kai-Wen Chen

Grants are an important part of academic life—they can help further research, fund services and training for students, faculty, and the community, provide professional and research experiences for students, and help the financial diversity of a university. I am proud of many of the things I have done in my academic life, but I am probably proudest of the grants I have secured or help secure and the opportunities those grants have given students and faculty. I never thought I would write grants—it was never a goal of mine. However, with the support of the OSPR I have written a decent number of grants and have been awarded a few federal grants. The OSPR helped submit the grants and, more importantly, help you learn the process of what to do after grants are awarded. People think the hardest part is getting the grant, but there is a lot to do once you get it. It has been hard work to secure, but the wonderful, impactful things you can do with grants makes it all worthwhile.

Shannon Dermer

OVERVIEW

GSU AT A GLANCE

(Source: GSU Fast Facts-Fall 2019)

4761 Total Enrollment

- 3163 Undergraduate
- 1491 Graduate
- 107 Non-Degree
- 2565 Full-time
- 2224 Part-time

Enrollment by Race/Ethnicity

- 54% Minority
(39% Black, 13% Hispanic & 2% Asian)
- 32% White
- 14% Other

Enrollment by Gender

- 66% Female
- 34% Male

Degrees Awarded (Fall 2017 – Summer 2018)

- 837 Undergraduates
- 434 Masters
- 54 Doctorates

Faculty by Gender

(from CDS on IR website)

- Female 240 59%
- Male 167 41%
- Total 407

Faculty by Race/Ethnicity

- 68% White
- 32% Minority

NEW 2019 FISCAL YEAR PROJECTS

Project Title	Sponsor	Department	PI	Award Amount	Dates	Purpose
Preschool for All Expansion FY2019-2023	Illinois State Board of Education	Family Development Center	Erin Soto	\$277,056	7/1/2018-6/30/2023	The Preschool For All Expansion Grant aims to implement and sustain high-quality preschool programs that serve 3 to 5-year-old children in high-need communities.
Preschool for All FY2019-2023	Illinois State Board of Education	Family Development Center	Erin Soto	\$443,959	7/1/2018-6/30/2023	Preschool For All is focused on serving the most at risk children with a range of program options and settings, from public and private schools to child care centers and other community-based agencies.
Psychosocial Risk and Resilience Factors and Cervical Cancer Screening among Arab American Women	Center for Arab American Philanthropy	Psychology & Counseling	Lamise Shawahin	\$1,000	10/1/2018-5/31/2020	Arab American women experience unique social, cultural, and psychological factors that influence preventative health behaviors. This study aims to further understand factors that facilitate and hinder Arab American women's cervical cancer screening behaviors in order to inform interventions and policy.

Implementing the Bounce Back Trauma Intervention: Addressing School Equity and School Bounding	Schultz Foundation for Advancing Counseling	Psychology & Counseling	Danel Koonce	\$8,568	3/1/2019-12/31/2020	The project will adopt the Bounce Back intervention developmentally tailored, skill-building group designed to serve elementary aged children (K-5 grade) exposed to a range of traumatic events and provide self-endorsed clinically significant symptoms of traumatic stress.
Children in Trauma Bibliography	American Library Association	Education	Megan McCaffrey	\$5,000	2/13/2019-1/30/2021	This project aims to provide a resource for teachers, parents, counselors, and others interacting with children that experienced an Adverse Childhood Experience(s) (ACEs).
Center for International Business Education and Research (IUCIBER) 2018-2022	US Department of Education	Management, Marketing and Entrepreneurship	Olumide Ijose	\$66,096	10/1/2018-9/30/2022	The purpose of the Centers for International Business Education (CIBE) Program is to coordinate programs of the Federal government in the areas of research, education, and training in international business and trade competitiveness; and to provide grants to pay the Federal share of the cost of planning, establishing, and operating Centers for International Business Education.
The International Tobacco Control (ITC) Policy Evaluation Project	University of Waterloo	Health Administration	Kai-Wen Cheng	\$7,382	8/1/2018-3/31/2025	The International Tobacco Control Policy Evaluation Project is the first-ever international cohort study of tobacco use whose aim is to measure the psychosocial and behavioral impact of key national level policies of the WHO Framework Convention on Tobacco Control (FCTC).
Impact of Vapefree Air Law on E-Cigarette Use and Sales in the US	Medical University of South Carolina	Health Administration	Kai-Wen Cheng	\$15,000	3/1/2019-8/28/2020	This project will use data to allow us to study the impact of vape-free air policies on EC use, EC and cigarette dual use, complete switch to ECs, and smoking cessation.
Evaluating How Tobacco Control Policies are Shaping the Nicotine Delivery Market	National Institute of Health	Health Administration	Kai-Wen Cheng	\$41,051	4/1/2019-3/31/2021	There is limited understanding of the impact on costs and benefits due to quitting and/or switching tobacco products in response to potential regulations. This study aims to generate accurate estimates to serve as evidence for FDA decision-making.

UPDATES FROM THE INSTITUTIONAL ANIMAL CARE AND USE COMMITTEE

Ethical and humane treatment of animals is paramount in instructional and research endeavors. The GSU Institutional Animal Care and Use Committee (IACUC) oversees and reviews all protocols involving vertebrate animals, conducts inspection of animal facilities and resources, maintains compliance with federal regulations and develops standard operating procedures and training guidelines. Our IACUC membership is broad and includes a dedicated team of

faculty, staff, community members, and the institutional safety officer. We have been active over the past year reviewing existing animal research protocols, training staff and IACUC members, transitioning to online protocol submission and storage, and preparing for potential vertebrate research on campus. The GSU IACUC looks forward to serving faculty, staff, and students as they flourish in their research plans.

IACUC MEMBERSHIP

- Dr. Erin Grey-Avis, Chair
- Dr. Deborah James, Non-Scientific Background
- Dr. Scott Keller, Veterinarian
- Dr. Kulugamma Ranmohotti, Practicing Scientist
- Dr. Renee Theiss, Practicing Scientist
- Mr. Jordan A. Sigale, Non-affiliated Member
- Dr. John Yunger, Practicing Scientist
- Ms. Carolyn Johnson, Environmental Health and Safety Coordinator

UPDATES FROM THE INSTITUTIONAL REVIEW BOARD

In fiscal year 2019, the GSU IRB processed 93 new submissions, including 85 initial protocols and 7 amendments, and signed 5 Institutional Authorization Agreements in support of collaborative research projects. By review type, the IRB approved 24 initial expedited protocols and granted 53 exemptions. These numbers reflect GSU's continued strong commitment to supporting GSU faculty's research with human subjects.

Under the leadership of Dr. Renee Theiss, the IRB continued to streamline the review process and continued to educate researchers about the electronic submission system, Cayuse. Switching from paper submissions to Cayuse was critical for speeding up the process of submitting IRB applications by eliminating the need for forms to be physically signed and delivered to the IRB. It also helped IRB members keep track of comments, revisions, and various types of IRB submissions. The IRB also continued educating the university community about the importance of

ethical research with human subjects by providing presentations at all-college meetings; on-campus workshops for GSU faculty, staff, and students; and in-class presentations for graduate students.

In addition to transitioning to Cayuse, in FY2019, the committee facilitated the implementation of the revised Federal Policy for the Protection of Human Subjects (45 CFR 46 Subpart A) known as the Common Rule. The revised Common Rule went into effect on January 21, 2019. The changes enacted in the revised Common Rule ease some researcher burden while enhancing the protection of human subjects. For example, the revised Rule expanded the types of research projects that do not require IRB oversight, clarified and added new exemptions categories, eliminated the requirement for annual continuing review of certain types of research, and eliminated multiple IRB reviews of cooperative research, among others. To achieve compliance with the revised rule, the GSU IRB revised relevant policies,

procedures, and submission templates, including the informed consent template. The 2019 GSU IRB consent template follows the federal requirement for “key information” that must be provided to a prospective subject in order to facilitate their decision as to whether to not to participate in the research.

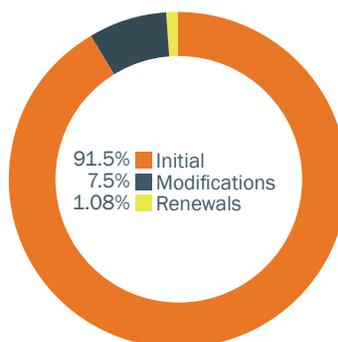
At the end FY2019, the IRB underwent several changes. Dr. Renee Theiss stepped down from her position as the IRB Chair and two long-serving members, Drs. Darrin Aase and Dale Schuit left the IRB. Three new members joined the committee: Drs. Danielle Osmelak, Lamise Shawahin, and Elizabeth Sterner. Dr. Giesela Grumbach, Assistant Professor in the Department of Social Work was elected as a new Chair of the IRB. In addition, Dr. Anna Bernadska was hired to provide administrative support for the committee. The renewed IRB went through a comprehensive, day long training

in human subjects protection under the revised regulations conducted by Huron Consulting Group. This event fulfilled the GSU-sponsored continuing education required for all IRB members and prepared the new team for taking on the responsibilities to review the human subjects research at GSU.

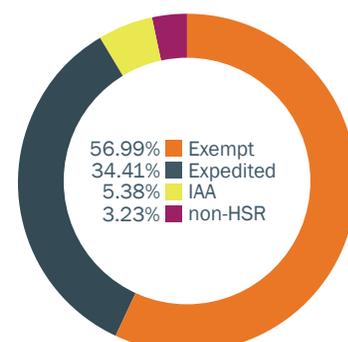
Recently, the GSU IRB lost a valued and committed member, Dale Schuitt, who passed away on February 26th, 2020. Dale was a physical therapist for more than 40 years and a full-time academician for more than 35 years. As a member of the GSU IRB, Dale was actively involved in protocol reviews and contributed to the development of GSU policies and guidance for human subjects protection. His efforts did a great deal to improve GSU’s IRB.

SUBMISSIONS BY TYPE		SUBMISSIONS BY REVIEW TYPE	
Initial	85	Exempt	53
Modifications	7	Expedited (initial, mod, renewal)	32
Renewals	1	IAA	5
-	-	non-HSR	3
TOTAL	93	TOTAL	93

SUBMISSIONS BY TYPE



SUBMISSIONS BY REVIEW TYPE



IRB MEMBERSHIP

IRB CHAIR

- Giesela Grumbach, College of Health and Human Services

PROVOST APPOINTMENTS

- Giesela Grumbach, College of Health and Human Services
- Caron Jacobson, College of Arts and Sciences
- Gerald Pauling, Community Member
- Danielle Osmelak, College of Health and Human Services
- Lamise Shawahin, College of Health and Human Services

- Chelsea Vanderpool, College of Business
- David Rhea, Academic Affairs

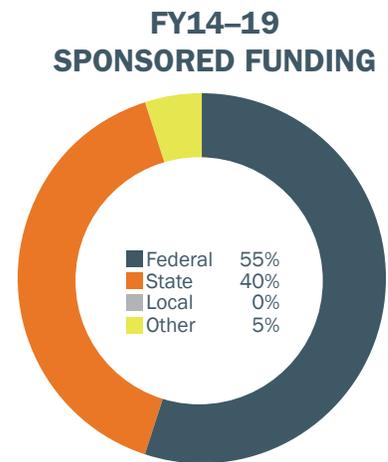
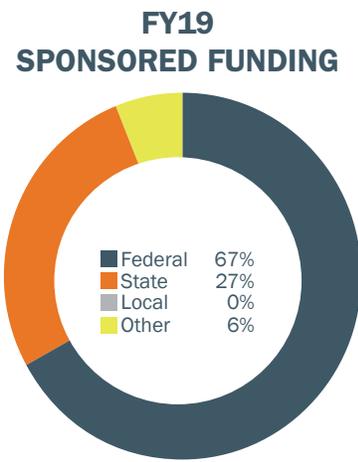
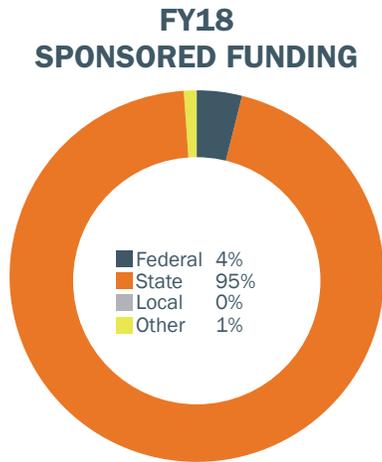
FACULTY SENATE APPOINTMENTS

- Pam Guimond, College of Arts and Sciences
- Xiaobo She, College of Education
- Elizabeth Sterner, University Library
- Renee Theiss, College of Health and Human Services
- Ting Wang, College of Business

PROPOSALS AND AWARDS BY SPONSOR

Number of proposals and dollar value of proposals submitted by fiscal year.

Fiscal Year	2014		2015		2016		2017		2018		2019		Total	
	Number	Amount	Number	Amount	Number	Amount	Number	Amount	Number	Amount	Number	Amount	Number	Amount
Federal	10	7,473,693	14	14,047,373	24	18,720,268	13	4,531,923	10	2,431,459	23	4,391,372	94	51,596,088
State	14	1,229,415	8	1,063,874	5	851,243	8	8,223,363	13	3,071,401	6	1,518,014	54	15,957,309
Local Gov	1	206,780	1	1,500	0	-	0	-	0	-	0	-	2	208,280
Other	10	339,298	19	4,434,922	23	729,784	23	1,207,161	15	322,696	21	1,528,173	109	8,562,034
Total	35	9,249,186	42	19,547,669	52	20,301,295	42	13,962,447	38	5,825,555	50	7,437,559	259	76,323,711



Number of awards and dollar value of awards by fiscal year.

Fiscal Year	2014		2015		2016		2017		2018		2019		Total	
	Number	Amount	Number	Amount	Number	Amount	Number	Amount	Number	Amount	Number	Amount	Number	Amount
Federal	5	1,399,673	5	7,681,703	4	5,318,571	5	2,305,910	2	115,000	16	3,820,653	33	20,641,510
State	11	1,018,426	6	814,886	4	749,993	8	8,223,363	11	2,635,542	9	1,543,547	56	14,985,757
Local Gov	0	-	1	1,500	0	-	0	-	0	-	-	-	2	1,500
Other	7	285,700	10	258,808	11	208,149	10	801,287	8	36,277	14	357,751	67	1,947,972
Total	23	2,703,799	22	8,756,897	19	6,276,713	23	11,330,559	21	2,786,820	39	5,721,951	158	37,576,739

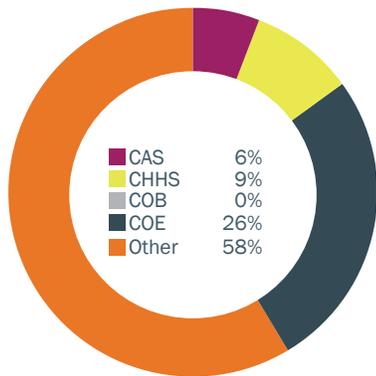
Awards, including multi-year awards, are counted in the year they were proposed.

PROPOSAL AND AWARDS BY GSU UNIT

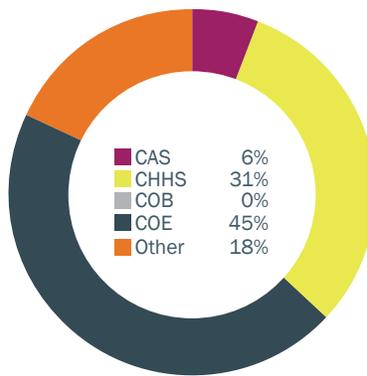
Number of proposals and dollar value of proposals submitted by fiscal year.

Fiscal Year	2014		2015		2016		2017		2018		2019		Total	
	Number	Amount	Number	Amount	Number	Amount	Number	Amount	Number	Amount	Number	Amount	Number	Amount
CAS	14	1,733,080	12	981,653	14	2,864,529	8	1,071,847	15	1,056,481	16	798,124	79	8,505,714
CHHS	4	581,995	8	3,516,114	13	12,658,216	8	3,057,198	5	745,877	11	3,218,119	49	23,777,520
COB	1	185,000	2	212,520	4	305,020	1	27,520	2	59,178	1	388,200	11	1,177,438
COE	9	2,881,438	12	11,287,748	9	4,045,707	15	2,226,266	10	2,104,177	19	2,644,267	74	25,189,603
Other	7	3,867,673	8	3,549,634	12	427,823	10	7,579,616	6	1,859,842	3	388,849	46	17,673,436
Total	35	9,249,186	42	19,547,669	52	20,301,295	42	13,962,447	38	5,825,555	50	7,437,559	259	76,323,711

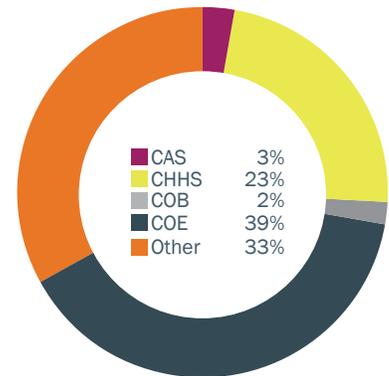
**FY18
UNIT FUNDING**



**FY19
UNIT FUNDING**



**FY14-19
UNIT FUNDING**



Number of awards and dollar value of awards by fiscal year.

Fiscal Year	2014		2015		2016		2017		2018		2019		Total	
	Number	Amount	Number	Amount	Number	Amount	Number	Amount	Number	Amount	Number	Amount	Number	Amount
CAS	7	199,050	7	123,100	5	54,979	4	220,057	9	160,300	12	331,735	44	1,089,221
CHHS	3	442,548	5	1,087,220	3	2,934,940	2	2,148,426	1	250,302	8	1,779,523	22	8,642,959
COB	1	185,000	2	212,520	2	128,770	1	28,795	1	10,000	1	16,524	8	581,609
COE	7	1,724,355	5	5,306,727	6	3,033,024	10	1,461,466	6	736,043	12	2,557,528	46	14,819,143
Other	5	152,846	3	2,027,330	3	125,000	6	7,471,816	4	1,630,174	6	1,036,641	27	12,443,807
Total	23	2,703,799	22	8,756,897	19	6,276,713	23	11,330,559	21	2,786,820	39	5,721,951	147	37,576,739

FY2019 ACTIVE AWARDS (7/1/18-6/30/19)

Principal Investigator	Project Title	Sponsor	Budget Beg. Date	Budget End Date	Amount
College of Arts and Sciences					
Almassi, Benjamin	Visiting Humanities Fellow	DePaul University	9/1/18	6/30/20	3,000
Grey-Avis, Erin	Coastal SEES Collaborative Research: Changes in ship-borne invasions in coupled natural-human systems, infrastructure, global trade climate and policy	National Science Foundation/Cornell	6/1/19	8/31/19	39,199
Grey-Avis, Erin	Illinois Louis Strokes Alliance for Minority Participation	National Science Foundation/CSU	9/1/18	4/30/20	10,000
Guimond, Pamela	Development of Primary Source Based Curriculum in Science	Library of Congress	10/1/18	9/30/19	192,481
Helm, Luke	Summer STEAM Camp Scholarships and Counselor Education	Public Health Institute of Metropolitan Chicago	4/1/19	8/30/19	22,605
Radovic-Fanta, Jelena	Turning the Year Around: Uncertainty and Motherhood in Chile's Fruit Export Industry	American Association of University Women	7/1/18	8/26/18	6,000
Rogachevskaya, Svetlana	AMW - The Hit Man	National Endowment for the Arts	7/1/18	6/30/19	2,800
Rogachevskaya, Svetlana	CPA General Operation Support 2019	IL Arts Council	9/15/18	8/31/19	18,300
Rogachevskaya, Svetlana	Made In Chicago 2019	National Endowment for the Arts	1/1/19	12/31/19	15,000
Rogachevskaya, Svetlana	Performing Arts Readiness Project	LYRISIS	8/21/18	7/31/19	7,250
Rogachevskaya, Svetlana	The Program Grant (HOPERA)	IL Arts Council	4/1/19	4/15/19	7,200
Stevenson, Jeff	NMSP General Operations 2019	IL Arts Council	9/15/18	8/31/19	7,900

College of Arts and Sciences Total 331,735

College of Business					
Ijose, Olumide	Center for International Business Education and Research (IUCIBER) 2018-2022	US Department of Education/Indiana University	10/1/18	9/30/19	16,524

College of Business Total 16,524

College of Education					
Dermer, Shannon	SDS for Mental Health Counseling	Health Resources & Services Admin.	7/1/18	6/30/19	588,650
Hisrich, Katy	Beautification Day	Illinois Education Association	1/1/19	5/31/19	750
Hisrich, Katy	Culture Fest: A Night of Celebration-State Fall Conference	Illinois Education Association	6/1/19	12/31/19	1,000
Koonce, Danel	Implementing the Bounce Back Trauma Intervention: Addressing School Equity and School Bounding	Schultz Foundation for Advancing Counseling	3/1/19	12/31/20	8,568
McCaffrey, Megan	Children in Trauma Bibliography	American Library Association	2/13/19	1/30/21	5,000
Morrison, Carol	Early Head Start 2015 - 2019	Administration for Children and Families	1/1/19	12/31/19	987,804
Morrison, Carol	Early Head Start 2015 - 2019	Illinois State Board of Education	7/1/18	6/30/19	126,657
Morrison, Carol	Early Head Start 2015 - 2019	Administration for Children and Families	1/1/19	12/31/19	17,084
Morrison, Carol	Preschool For All Expansion FY2019-2023	Illinois State Board of Education	7/1/18	6/30/19	277,056
Morrison, Carol	Preschool For All FY2019-2023	Illinois State Board of Education	7/1/18	6/30/19	443,959
Shawahin, Lamise	Psychosocial Risk and Resilience Factors and Cervical Cancer Screening among Arab American Woman	Center for Arab American Philanthropy	10/1/18	5/31/20	1,000
She, Xiaobo	Promoting K-3 Mathematics Instructional Effectiveness: A Content-Based, Evidence-Driven Professional Development Program Aligned with CCSS-M	CME Group Foundation	7/1/18	6/30/19	100,000

College of Education Total 2,557,528

Principal Investigator	Project Title	Sponsor	Budget Beg. Date	Budget End Date	Amount
College of Health & Human Services					
Balthazar, Catherine	2/2 The GUIDE Cancer Research and Training Project [Diversity Sup]	National Institutes of Health	9/1/18	8/31/19	48,872
Balthazar, Catherine	2/2 The GUIDE Cancer Research Training Project	National Institutes of Health	9/1/18	8/31/19	204,897
Cheng, Kai-Wen	Evaluating How Tobacco Control Policies are Shaping the Nicotine Delivery Market	National Institutes of Health	4/1/19	3/31/20	20,213
Cheng, Kai-Wen	Impact of Vaperfree Air Law on E-Cigarette Use and Sales in the US	Medical University of South Carolina	3/1/19	8/28/20	15,000
Cheng, Kai-Wen	The International Tobacco Control (ITC) Policy Evaluation Project	University of Waterloo	8/1/18	3/31/25	7,382
Mejta, Cheryl	Behavioral Health Workforce Education and Training	Health Resources & Services Admin.	9/1/18	8/31/19	479,523
Mejta, Cheryl	Recovery Coaches Training Certificate Program	Dept. of Health and Human Services	7/1/18	6/30/19	353,636
Wojcik, Rebecca	SDS for Doctor of Physical Therapy	Health Resources & Services Admin.	7/1/18	6/30/19	650,000
College of Health & Human Services Total					1,779,523

Office of the Provost					
Cada, Elizabeth	DDP-Male Success Initiative Pilot Program	Kresge Foundation	10/1/18	9/30/19	178,196
Cada, Elizabeth	FY19 GSU Digital Pride	Department of Children and Family Services	7/1/18	4/30/19	284,849
Sexton, Colleen	Integrating Pathways: Student Success through Junior Year Transition	US Department of Education	10/1/18	9/30/19	420,949
Provost Total					883,993

Student Support Services					
Clay, Robert	Diversifying Higher Education Faculty in Illinois	IL Board of Higher Education	7/1/18	6/30/19	114,000
Hogan, Scott	Request for Golf Supplies	Illinois Women's Golf Association	5/15/19	5/15/20	2,000
Staples, Cynthia	FY19 Illinois Cooperative Work Study Grant Program	IL Board of Higher Education	7/1/18	8/31/19	36,648
Student Support Services Total					152,648

Total Active Awards: 39

5,721,951



IRB SUBMISSIONS HIGHLIGHTS

The Perceived Benefits of Congregate Senior Meal Sites and the Potential Impact on Occupational Engagement (PI Cynthia Carr, Occupational Therapy)

Based on the existing literature, community senior cafes are assumed to be beneficial because of opportunities for socialization, sense of purpose, physical health, and mental well-being. However, the evidence lacks specific opinions from the well-elderly on their reasons for attending and their perceived benefits of the community senior cafes in specifically local sites. The rationale for this research study is to gain a clear sense of the success of local community senior cafes, desired changes and/or needs, and the overall community satisfaction of the well-elderly.

The outcomes of this research will provide information and insights of patrons attending community senior cafes, as well as disclose the effects, if any, that attending the community senior cafes has on occupational engagement of the well-elderly.

Political Difference and Relational Maintenance (PI Jayne Goode, Communications)

This study will examine how individuals in relationships with others of different political identities communicate to maintain the relationship. Previous research has noted that maintenance behaviors function as predictors of love, liking and satisfaction in the relationship (Dainton, Stafford & Canary, 1994), with satisfaction and commitment being better predicted by routine maintenance behaviors (Dainton, & Aylor, 2002). Relationship maintenance behaviors have been identified across relationship types (Canary & Stafford, 1994; Hess, 2002; Myers & Weber, 2004) and with different valences (Dainton & Gross, 2008). However, relationship maintenance behaviors have yet to be studied in specific instances of political disagreement, such as when individuals in relationships negotiate political differences. The information gathered in

this research study will provide us with insights into the ways couples deal with the difficult political conversations that occur during elections.

Trauma and Academic Success (PI Alli Cipra, Psychology)

Trauma and adverse life experiences have been associated with negative outcomes in various domains, including academic achievement. Research demonstrates lower executive functioning in those with a history of ACEs (Cross, Fani, Powers, & Bradley, 2017). This research aims to better understand our (GSU) students and the impact possible stressful life events may have on their academic achievement. The results of this work may help to create appropriate intervention and university policies.

Leading from Within: Cultivating Presence in Social Work Student (Co-PIs Linda Campos-Moreira, Maristela Zell, Giesela Grumbach, Social Work)

The investigators of this project, collect data on their students' ability to manage anxiety, stress, and attention problems at the start and end of the semester. Data comes from students enrolled in the following Governors State University classes: SOCW 8220 (Holistic Social Work Practice and Wellness), SOCW 8515 (Holistic Policy Practice), SOCW 4500 (Social Work Research), and SOCW 8100 (Context/Theories of Practice with Children and Families) during the Fall 2018 semester. The investigators incorporate the use of mindfulness practices into their classroom, including meditation, breathing exercises/stretches, body scanning, etc. The interventions consist of 10-30 minutes of mindfulness instruction and practice at the start of class, throughout the semester by the course instructor or by students. For evaluative purposes, the investigators are evaluating the effectiveness of their intervention on increasing students' ability to manage anxiety, stress, and attention problems with a pre-test and post-test survey.



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External grant funding is a useful tool to enhance your scholarly pursuits. Some common activities that external grant funders support are:

- *Research—Projects involving research that fits within the mission of the funding agency, whether it be basic, applied, demonstration, or clinical in nature.*
- *Training—Projects involving the training of students/scholars in a special manner or for a specific purpose that is approved by the funding agency.*
- *Curriculum Development—Projects involving the creation or substantial revision of courses or programs that are research-based.*
- *Public Service—Projects involving research or instructional activities that benefit the institution or community.*
- *Fellowships—Support for an individual's own scholarly pursuits.*

Governors State University subscribes to several searchable online databases that can help you find funding opportunities to suit your interests as well as useful information to enhance your proposal.

GrantsForward offers an extensive database of funding opportunities, which are gathered from over 9,000 federal, state and private sponsors. However, GrantForward allows you to do more than just search for grants. With a researcher profile, you

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Foundation Directory Online provides funding prospects by combining data with intuitive search functionality and informative data visualizations. It is a valuable resource for faculty and staff interested in funding from private or public charitable foundations. For access, please contact ospr@govst.edu.





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